

Virginia Risk Control Institute

Designed to assist state agencies and designated local government agencies in better controlling workplace accidents, injuries and occupational health exposures.

FALL 2026

Tuition

- ✓ Tuition + textbooks covered by sponsor agencies for:
 - ✓ Agency employees who carry their workers' compensation insurance through DHRM
 - ✓ State agency, local government, and constitutional officer employees who are insured in VaRISK or VaRISK2

Requirements

- ✓ Must hold an earned high school diploma or GED
- ✓ Complete application and receive supervisor approval

APPLY NOW



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[APPLICATION](#)

 vrci@vcu.edu

Risk Management or Risk Control track

RM/C1 Principles of Risk Management & Insurance

 **Mr. Jeff Parker**


 **Mondays, Aug. 24th–Dec. 7th--3-5:40pm**
 **Online, Synchronous *No Class Sept. 7th**



Description:

This course covers individual and enterprise risk management using insurance and capital market tools. It explores property, liability, and financial risks alongside modern trends like InsurTech, sustainability, and cyber threats. This foundational study prepares students for advanced coursework in risk management and control.

Risk Control track or Risk Management elective

RC-2 Ergonomics

 **Ms. Susan Wilcox**

 **Tuesdays, Aug. 18th–Dec. 1st--3-5:40pm**
 **Online, Synchronous *No Class Nov. 3rd**

Description:

This course examines ergonomics and the assessment of standards and programs. Students will study the mechanics of musculoskeletal disorders (MSDs)—the leading cause of U.S. job-related illness—and focus on program design and implementation. Participants will learn to evaluate and apply ergonomic interventions within their own work environments.

Certificate Information and Course Planning

To complete the certificate,
you must take 4 classes

Risk Control Certificate	Risk Management Certificate
Required (3 courses)	Required (3 courses)
<ul style="list-style-type: none"> • RM/C-1: Principles of Risk Management & Insurance • RC-2: Ergonomics • RC-3: Industrial Hygiene 	<ul style="list-style-type: none"> • RM/C-1: Principles of Risk Management & Insurance • RM-2: Insurance Law for Public Entities • RM-3: Risk Management for Public Entities
Elective (1 course)	Elective (1 course)
Choose one from the Shared Elective Pool: RM-2, RM-3, RM-4 Cyber Risk	Choose one from the Shared Elective Pool: RC-2, RC-3, RM-4 Cyber Risk

Empowering Virginia's Risk Leaders

The Virginia Risk Control Institute (VRCI) supports **Executive Order 109** by transforming "trial-and-error" experience into formal expertise. Our program bridges the gap between complex mandates—like workers' comp and HSE compliance—and practical agency solutions. Through rigorous, real-world study, VRCI participants master:

- **Strategic Compliance:** Navigating HSE laws and regulatory processes.
- **Data-Driven Safety:** Analyzing injury causation and reporting systems.
- **Proactive Prevention:** Identifying hazards and "designing out" threats.

Graduates emerge as a skilled cadre of safety managers equipped to reduce losses, protect employees, and meet the Commonwealth's evolving risk control standards.

Sponsored by:

- The Office of Workers' Compensation, Department of Human Resources Management
- The Division of Risk Management, Department of Treasury