



Summary of Weight Watchers Services for the Commonwealth of Virginia

Monthly Pass - Local and At Work Meetings*

Monthly pass is an ordering/payment method allowing employees to go to At Work and local Weight Watchers meetings as many times per month as they choose. The service continues until the employee cancels the credit card payment. Monthly pass also includes a suite of online e-tools and may be submitted by eligible state employees for reimbursement of half the cost of Weight Watchers services. The employee MUST have an active e-mail address to trigger Monthly Pass sign up. **Go to <https://wellness.weightwatchers.com> or call 1-866-204-2885 to order a monthly pass. Be sure to enter the company ID: 63569 and Passcode: WW63569.**

- **Local Meetings Monthly Pass** - This plan offers you the flexibility of attending Weight Watchers meetings in your community when and where it suits you best. You benefit from an experienced Leader and group support from fellow members. For more information, visit www.weightwatchers.com/monthlypasslocations. To meet reimbursement requirements, you need to complete 9 out of 12 weeks.
- **At Work Meetings Monthly Pass** - A Weight Watchers leader comes to your workplace to provide experienced guidance at weekly meetings that fit perfectly into the busy workday. You benefit from the proven advantage of group support for successful weight loss with coworkers who understand the workplace environment best. **For a schedule of At Work meetings, visit www.dhrm.virginia.gov/WeightWatchers.html. Minimum enrollment is required.**

Online subscription

You can follow Weight Watchers step-by-step online, with interactive tools and resources like a weight tracker, progress charts, restaurant guides, and hundreds of recipes and meal ideas. Plus, connect with our free online community, day or night, for inspiration and motivation. The online subscription automatically renews each month until you cancel. **To register for an online subscription, visit <https://wellness.weightwatchers.com> or call 1-866-204-2885. Be sure to enter the company ID: 63569 and Passcode: WW63569.**

More information

For details of the Commonwealth of Virginia's partnership with Weight Watchers, visit: <http://www.dhrm.virginia.gov/weightwatchers.html>.

For more on programs, reimbursement and pricing, visit:

www.dhrm.virginia.gov/genlbenefits/weightwatchers/DHRMWWGateway.pdf.

*Available only in participating areas in the U.S.

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