

Park name	Region Park Located	Phone number of park contact	What day or days will the volunteer event run?	Briefly describe the volunteer project.	Please give details about kids participating in your project. What age children is it suitable for?	Maximum number of participants you are willing to accept	Details about free parking (e.g., pass available at fee booth, pass given out at meeting place)
Mason Neck State Park	Northern Virginia Area	703-339-2385	Saturday, April 23rd	Wildflower planting and shoreline clean up. Planting from 9am -11am/ Shoreline Clean up. Bring water, comfortable clothes that you don't mind getting wet or dirty, close toed shoes, a snack. 9am - 12pm	4 and up, parents/chaperone must accompany all children under 18.	15 for planting, 40 for shoreline clean up	Volunteers need to sign up by calling visitor center at 703-339-2385 or by emailing masonneck@dcr.virginia.gov. Details on the events will be posted to the Mason Neck web page. Pass will be given out at contact station day of the even and you will meet at the Vistor Center. You must call the park office to sign up to volunteer by Friday April 22 to be on volunteer parking list.
Bear Creek Lake	Central Virginia/Farmville Area	804-492-5919	Friday, April 22nd	Removal of invasive plants and beach area beautification. Bring work gloves, wear long pants and sturdy work shoes. 10 am - 2 pm	6 years and up	20	Meet at the archery range for instructional program. Free parking passes will be given out at the archery range. Water and restrooms are not available at the archery range. Participants can use the restrooms at the beach area.
Holiday Lake	Central Virginia/Farmville Area	434-248-6308	Wednesday, April 20th & Friday, April 22th	Wednesday-Trail trash clean up, Friday-Butterfly garden Spring cleaning. Wear close-toed shoes, bring water and snacks. 10 am -12pm	Families with any ages are welcome.	10	Meet at the Park Office. Passes will be handed out at Park Office.
Pocahontas State Park	Central Virginia/Richmond Metro Area	804-914-4020	Thursday, April 21	Prepping some beds by the pool house for a planting that will take place on April 23. This will involve weeding and turning the soil, as well as moving mulch. All tools will be provided. Feel free to bring work gloves of your own. This project will involve manual labor and volunteers will likely get dirty. Please wear closed toe shoes and dress appropriately for the weather, as projects take place outside. Please bring and wear a mask when a distance of 6 feet cannot be maintained. Please bring water and a snack, as needed. 9 am. - 11 am	This project would be appropriate for children 5 and older with an adult.	10	Meet at the aquatic center parking lot. Parking is free only for the duration of the volunteer event. If someone is at the contact station, just let them know you are here for the National Volunteer Week Project.
Southwest Virginia Museum Historical State Park	Southwest Virginia/Bristol Area	276-523-1322	Monday, April 18, Tuesday, April 19, Wed., April 20, Thursday, April 21, Friday, April 22, Saturday, April 23	Volunteers are needed to assist with various grounds maintenance including, but not limited to, weeding, mulching and removing sticks and branches from the lawn of the Southwest Virginia Museum as well as other areas of the park. Wear closed-toe shoes suitable for manual labor and gardening or work gloves are encouraged. All tools, such as rakes and spading forks, will be provided but if a volunteer wishes to bring their own that is permissible. 9 am - 4 pm	Children age 5 and up are welcome to participate and there are various tasks, such as removing small sticks and weeding, that they could assist with.	20	Meet at the Museum Lawn. Parking is available in the parking lot on the main street as well as in a gravel area behind the museum.
Hungry Mother	Southwest Virginia/Bristol Area	276-781-7415	Saturday, April 23	9 am- 12 pm Trail clean up on all the trails and day use areas in the park. 1 pm- 4 pm Lake clean up using kayaks and/or canoes. Pre-register by Friday, April 22. Bring gloves and clothes you do not mind getting wet or dirty. 9 am - 4 pm	6 years old and up	unlimited	Trail clean up-meet at the Beach, Lake Cleanup-meet at the Dock 'n Shop. Let the contact station know you are there to volunteer and you work for Virginia State Parks. Bring water and snacks if you need them.

Clinch River	Southwest Virginia/Bristol Area	276-254-1962	Saturday, April 23	Participants will assist with a cleanup along the banks of the Clinch River along the River Trail. Park will provide trash bags, water. Wear long pants, sturdy shoes and bring their own work gloves. 1 pm - 5 pm	10 and up with an adult	20	Meet at the kiosk Kiosk at The Town of St. Paul's Oxbow Lake at 1 pm. Park under development and doesn't current charge admission fees yet. Participants will receive a small token of appreciation at the conclusion of the event.
Westmoreland	Northern Neck Area/Tappahannock	804-493-8821	Saturday, April 23	Shoreline storm debris cleanup by land and sea. Paddle a kayak along our coast with guides to collect trash from hard to reach areas or join us on the shore to revitalize the beach following several winter storms. You may even stumble along a shark tooth or two along the way! Wear work pants, boots, comfortable clothing, water, hat. 1 pm - 3 pm	Suitable for all ages, kids must be at least 12 years of age to pick up debris while paddling a kayak.	n/a	Meet at the Westmoerland State Park Boat House. Passes given out at Contact Station
Widewater State Park	Fredericksburg Area/Stafford	540-288-1401	Monday, April 18, Tuesday, April 19	shoreline and trail trash clean up. Bring Sunscreen, bug spray, work gloves. Wear close-toed shoes. Bring a water bottle and a lunch. 10 am - 2 pm	Ages 5 and up can participate.	25 participants	Meet at the Visitor Center. Passes will be given out at the Visitor Center. Projects may end before the set ending time depending on the group size and amount of trash found.
Wilderness Road State Park	Southwest Virginia/Ewing Area	276-445-3065	Sunday, April 17, Monday, April 18, Tuesday, April 19, Saturday, April 23	Park Grounds Beautification Project. Participants should bring water, snacks, (lunch will not be provided) gloves and rain gear. Clothing and footwear should be suitable for outdoor work. 10 am - 2 pm	Children 10 years old and above can participate.	20	Meet at the Park Visitor's Center. Parking Passes will be given to participants upon arrival at the Visitor's Center.
High Bridge Trail	Central Virginia/Farmville Area	434-315-0457	Saturday, April 23	In a partnership program with High Bridge Trail, the Margaret Watson Bird Club will have volunteers available to share their knowledge during this birding adventure. Help our local bird club conduct a wild bird survey on a beautiful tract of park property. This kind of citizen science can be helpful to guide the direction of wildlife and habitat management. We will also improve the habitat by removing harmful debris from human activities. Participants will meet at the Charley's Parking Lot in Farmville at 8:30 a.m. From there we will travel to the Rochelle Tract, a locally unique ecosystem that has been marred by a few private dumping sites from years past. Bring binoculars. The park can supply a few sets, but they are fixed focus types and are not always well suited for observing birds. This program is enjoyable and informative for all knowledge and experience levels, including beginners, and any interested visitor is welcome. A minimal level of fitness is required due to uneven terrain, and some walking that will cover about 1.5 miles. Please wear suitable and durable clothing and bring work gloves. Prepare for the weather, and have sturdy closed toe walking shoes. 8:30 am. - 11:30 am.	All ages for anyone that can walk or be carried 1.5 miles	30	Meet at Charley's Parking Lot in Farmville. This is an annual event. It has been beneficial in cleaning up a legacy trash around an old home site in the park. Any participants will be given a free hang tag when they meet up at Charley's.

Sailor's Creek Battlefield Historical State Park	Central Virginia	804-561-7510	Wednesday, April 20	We will be planting 200 saplings as part of our on-going battlefield historic landscape reforestation restoration effort. Wear loose, comfortable clothing. Closed-Toe shoes. Bring sunscreen and bug spray, water bottle and snacks. 9 am - 2 pm	Project is suitable for ages 8 years and older.	30	Meet at the Battlefield Visitor Center. We will provide tree-planting materials, hand tools, canvas work gloves, water-bottle fountain, instruction and pizza for lunch. Our location does not charge a parking fee.
Chippokes State Park	Tidewater Area/Surry	757-294-3625	Thursday, April 21	We will be working in the mansion gardens to prepare for Garden Week. Weeding, mulching, raking, picking up debris. Participants should bring work gloves and water. The park will supply tools. If someone has a preferred tool (a favorite rake, etc), they are welcome to bring it. 9 am - 12 pm	Age 10 and up	20	Meet at the Jones-Stewart Mansion parking lot. We will provide snacks! Pass will be given out at meeting place
Shenandoah River State Park	Shenandoah Valley Area/Strasburg	540-622-6840	Thursday, April 21	Riverbank cleanup. Wear sturdy shoes, long pants, long sleeves, gloves. 1 p.m - 3pm	With parental supervision, 6 and old	20	Meet at Shelter 1. Day use.
Pocahontas State Park	Central Virginia/Richmond Metro Area	804-796-4472	Tuesday, April 19, Wednesday, April 20	Volunteers will help inventory and organize documents and artifacts from the Civilian Conservation Corps (1930s). Tasks will include computer data entry. Wear comfortable clothes, lunch/water, masks are optional 10 am - 4 pm	N/A	3 per day	Meet at the CCC Museum. Volunteers may serve 4- 6 hours (don't need to stay the whole 6 hours). There will be a lunch break. Pass available at fee both