

March 2022

### CommonHealth Micro Video

Provides tips and helpful suggestions on reducing stress associated with financial situations.

[Watch Now!](#)

### Virginia Credit Union Webinar

Gain Your Financial Independence! You're invited to register and participate in this 30-minute webinar on **March 9<sup>th</sup>**, which will be presented by the MEMBERS Financial Services Program Representatives. Learn the basic concepts of investing. [Register Now!](#)

### Virginia Retirement System

When serving as a caretaker, you may need to take on the role of safeguarding your loved one's finances. The [Financial Caretaker Start Here Guide](#) offers useful advice for making important financial decisions and managing a loved one's assets. Log in to your [myVRS account](#) and select Financial Wellness to access this guide—and many more.

### Virginia Department of Treasury's Unclaimed Property Division

Unclaimed property can include dormant bank accounts, uncashed checks, stocks and dividends, insurance proceeds, refunds, and more. One in four Virginians has missing money. Visit our free search site to check your name and start the claims process

[www.vaMoneySearch.org](http://www.vaMoneySearch.org)

### Truist Bank

Employees are invited to register and participate in the **March 10<sup>th</sup> "Budgeting during Crisis"** webinar. The event will begin at **6 p.m.** In addition, employees are invited to attend any of the other upcoming webinar sessions where you can learn more about financial literacy to help you on your journey to financial confidence.

[Register Now!](#)

### Employee Assistance Program

All health plans offered to state employees and their dependents have employee assistance programs (EAPs). Included are up to four sessions at no charge for such services as mental health, alcohol or drug abuse assessment, child or elder care, grief counseling and legal or financial services. [EAP Link](#)

**\*\*Join the Virginia Credit Union and get a bonus!** In just a few easy steps: Visit [www.vacu.org/partnerjoinus](http://www.vacu.org/partnerjoinus). Then enter the company referral code: **4842**