



## **Your State Health Plans and COVID-19**

As information about Coronavirus/COVID-19 becomes available, be assured that your State Employee Health Benefits Plans are monitoring the situation. Following are specific COVID-19-related plan provisions for the statewide plans (COVA Care, COVA HDHP, COVA HealthAware and the LODA Non-Medicare plans). These provisions have been put in place for 90 days\* to address COVID-19-specific concerns. NOTE: THESE PROVISIONS ARE STILL EVOLVING AND ARE SUBJECT TO CHANGE. Check with your plan's Customer Service for the most current information.

\*Currently through June 14 for COVA Care, COVA HDHP and LODA Non-Medicare Plans and through June 4 for COVA HealthAware.

### **COVID-19 TESTING AND RELATED OFFICE VISITS:**

- Out-of-pocket costs for COVID-19 testing, as well as the associated office visit, if applicable, will be waived. Testing must be ordered by your health care provider based on medical necessity (e.g., exhibiting symptoms or having contact with someone diagnosed with COVID-19). Contact your provider regarding availability of testing.

### **VIRTUAL OFFICE VISITS:**

- In an effort to avoid in-person office visits and possible exposure to COVID-19, the out-of-pocket cost for any virtual visit under the COVA Care, COVA HealthAware, and LODA Non-Medicare Plans will be waived. This will include not only LiveHealth Online and Teladoc providers but other primary care providers delivering virtual care. However, under the COVA HDHP, the \$0 cost will apply only to COVID-19-related virtual visits.

Out-of-pocket costs for virtual/telephonic visits for physical, occupational, and speech therapy will not be waived. Contact your plan's Customer Service to determine if other virtual specialty care will be covered.

### **EARLY PRESCRIPTION DRUG REFILLS:**

- Early 30-day refills of maintenance medications will be available. (Prescriptions with no available refills must be authorized by the treating provider.) Participants may wish to arrange with their prescribers to change to 90-day prescriptions through the mail service pharmacy. Note that some restrictions may apply to use of mail service.

For additional coverage information, contact the Customer Service number listed on your health plan ID card.

Participants enrolled in the Kaiser and Optima regional plans should contact their plan directly for specific COVID-19 coverage information.

Following are links to COVID-19 information provided by all state health plans.

[COVA Health Plans \(LODA participants can click on the COVA Care link.\)](#)

[COVA Care](#)  
[COVA HDHP](#)  
[COVA HealthAware](#)

[Regional Health Plans](#)

[Optima Health Vantage HMO](#)  
[Kaiser Permanente HMO](#)

**If you have questions about COVID-19 testing, please contact your provider.**