

# State Health Benefits Program Enrollment Form For Employees



Review each section and carefully PRINT your enrollment information. For state health benefits eligibility information, visit the DHRM website at [www.dhrm.virginia.gov](http://www.dhrm.virginia.gov) or contact your Benefits Administrator.

## Section 1: Personal Information

Name \_\_\_\_\_ Identification Number \_\_\_\_\_  
Last Name First Name M.I. Assigned ID or Social Security Number

Date of Birth \_\_\_\_\_ Gender:  Male  Female  
Month Day Year

Important! Be sure to verify the correct format of your address at <http://zip4.usps.com/zip4/welcome.jsp>.

Street Address \_\_\_\_\_ P.O. Box \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip + 4 \_\_\_\_\_

State E-mail: \_\_\_\_\_ Personal E-mail: \_\_\_\_\_

State Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ Personal Phone: ( \_\_\_\_\_ ) \_\_\_\_\_  Mobile

## Section 2: Reason For This Enrollment or Election Change Request

Check the box that applies. The numbers in parentheses are for agency use.

Open Enrollment (56)

Initial Enrollment for Newly Eligible Employee: \_\_\_\_\_ (01)  
MONTH/DAY/YEAR

Qualifying Mid-Year Event/Documentation to Support the Event

Check the type of event below, and attach the appropriate supporting documentation as indicated. Date of Event: \_\_\_\_\_  
MONTH/DAY/YEAR

### Events consistent with adding family members to coverage:

- Marriage (certified marriage certificate) (07)
- Birth or Adoption (birth certificate/hospital announcement or adoption agreement) (15)
- Judgment, Decree, or Order to Add Child (court order) (71)
- Lost eligibility Under Governmental Plan (government documentation) (76)
- Lost eligibility Under Medicare or Medicaid (government documentation) (09)
- Spouse or Child Lost Eligibility Under Their Employers Plan (employer documentation) (13)

### Events consistent with removing family members from coverage:

- Divorce (divorce decree) (10)
- Death of Spouse (documentation validating death) (08)
- Death of Child (documentation validating death) (17)
- Child Covered Under Plan Lost Eligibility (documentation to support) (38)
- Judgment, Decree or Order to Remove Child (court order) (67)
- Gained Eligibility Under Medicare or Medicaid (government documentation) (66)
- Spouse or Child Gained Eligibility Under Their Employers Plan (employer documentation) (28)

### Other events:

- Employment Change:  Full-time to Part-time (77)  
 Part-time to Full-time (78)
- Unpaid Leave Began (49)
- Unpaid Leave Ended (50)
- Dependent Care Cost or Coverage Change (documentation from dependent care provider) (61)
- HIPAA Special Enrollment Due to Loss of Other Coverage (HIPAA certificate) (70)
- Move Affecting Eligibility for Health Care Plan (agency validates move) (05)
- Other Employers Open Enrollment or Plan Change (employer documentation) (62)
- Enrollment in a Marketplace Exchange Health Plan (Documentation of the Marketplace coverage enrollment and the effective date of coverage)

Add to existing Family Membership (documentation to support eligibility) (19)

## Section 3: Flexible Spending Accounts Election – You Must Enroll Every Plan Year

To enroll in or change an FSA, enter the amount you wish deducted each pay period. For assistance in determining your pay period election, complete the FSA worksheet available on the DHRM website at [www.dhrm.virginia.gov](http://www.dhrm.virginia.gov) or from your Benefits Administrator.

I do not wish to participate in an FSA.

### HEALTH FLEXIBLE SPENDING ACCOUNT

For eligible medical expenses incurred by you, your spouse and eligible dependents. (Minimum is \$10 per pay period; Maximum allowable contribution is up to \$2,700.)

Amount per regular paycheck  
(Whole dollar amounts only) = \_\_\_\_\_

### DEPENDENT CARE FLEXIBLE SPENDING ACCOUNT

For eligible dependent care expenses incurred by you, your spouse and eligible dependents. (Minimum is \$10 per pay period; Maximum allowable contribution is up to \$5,000 depending on your tax filing status.)

Amount per regular paycheck  
(Whole dollar amounts only) = \_\_\_\_\_

A10385 (3/2019)

## Section 4: Health Care Coverage Election

- I do not wish to participate in health care coverage (W)  
 No change to my current health plan selection and family members/membership level  
**(If you check either box above proceed to Section 5.)**

### A. Health Plan Selection – Check the box that applies

- No change to my current health care plan

#### STATEWIDE HEALTH PLANS

##### Administered by Anthem Blue Cross Blue Shield\*

- COVA Care (with preventive dental) (ACC0)  
 COVA Care + Out of Network (ACC1)  
 COVA Care + Expanded Dental (ACC2)  
 COVA Care + Out of Network and Expanded Dental (ACC3)  
 COVA Care + Expanded Dental + Vision & Hearing (ACC4)  
 COVA Care + Out of Network + Expanded Dental + Vision & Hearing (ACC5)  
 COVA HDHP- High Deductible Plan (with preventive dental) (CHD)  
 COVA HDHP- High Deductible Plan + Expanded Dental (CHD1)

##### Administered by Aetna\*

- COVA HealthAware (with preventive dental) (CHA)  
 COVA HealthAware + Expanded Dental (CHA2)  
 COVA HealthAware + Expanded Dental & Vision (CHA1)

##### Administered by Selman & Company

- TRICARE Supplement (TRC)  
 DEERS # \_\_\_\_\_ (required)

\*Anthem Pharmacy delivered by IngenioRx administers pharmacy benefits. Delta Dental administers dental benefits.

#### REGIONAL HEALTH PLANS

##### Administered by Kaiser Permanente of the Mid-Atlantic States, Inc.

- Kaiser Permanente HMO- available in Northern Virginia, Central Virginia and Northern Neck designated zip codes (KP)

##### Administered by Optima

- Optima Health HMO – available primarily in Hampton Roads zip codes (OH)

### B. Family Members – Check the box that applies

- No change to my existing covered family members  
 I do not wish to cover any family members  
 I wish to cover the eligible family members listed below. **(Note: you will be required to submit documentation when adding family members to your coverage.)**

RELATIONSHIP CODE**	LAST NAME	FIRST NAME	MIDDLE INITIAL	DATE OF BIRTH MM/DD/YYYY	SOCIAL SECURITY NUMBER
Spouse					
Children					

\*\*Relationship Codes: SM=spouse male SF=spouse female S=son D=daughter SS=stepson SD=stepdaughter OF=other female child OM=other male child

## Section 5: Employee Certification and Authorization

I certify that I have reviewed and understand the State Health Benefits Program eligibility and enrollment information and I agree to abide by all participation requirements. I certify that all dependents listed meet the eligibility requirements of the program and that the information I have provided on this form is complete and accurate to the best of my knowledge. I understand that intentionally giving incorrect information is considered perjury and punishable to the fullest extent of the law. I understand that the health plan and its business associates have the right to use protected health information in connection with the treatment, payment and health plan operations allowed for by HIPAA. I understand that participating in a Flexible Spending Account (FSA) is completely voluntary, and that payments from my FSA are independently reviewed for compliance with IRS regulations. I further understand that the IRS requires me to reimburse the Plan for any improper, erroneous or excess reimbursement amount that I do not resolve within the timeframe provided by the Plan. In accordance with §40.1-29(C) of the Code of Virginia, by enrolling in an FSA I specifically authorize the Commonwealth of Virginia to withhold from my paycheck on a post-tax basis such amounts as are necessary to replenish my FSA for any improper, erroneous or excess reimbursement.

Print Your Name \_\_\_\_\_ Assigned ID or Social Security Number \_\_\_\_\_

Sign Here \_\_\_\_\_ Date \_\_\_\_\_

## Section 6: Agency Verification and Approval

Date Received \_\_\_\_\_ Date Keyed \_\_\_\_\_ BES Effective Date \_\_\_\_\_  
Month/Day/Year Month/Day/Year Month/Day/Year

Print Contact Name \_\_\_\_\_ Phone \_\_\_\_\_ Agency/Group Number \_\_\_\_\_/\_\_\_\_\_

**Important:** The daily Agency Transaction Turnaround document is the official record of this change. It is your responsibility to review and confirm this document to ensure that changes made are accurate.

## 2019-20 Language Assistance Statement State Health Benefits Program

The Commonwealth of Virginia's State and Local Health Benefits Programs (the "Health Plan") complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Our Nondiscrimination Notice lists the services available and how to file a complaint if you feel that the Health Plan has failed to provide these services or discriminated in another way.

**ATTENTION:** If you need help in the language you speak, language assistance services are available to you free of charge. Send your request for language assistance to [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) or fax to 804-786-0356.

### **Spanish:**

**ATENCIÓN:** Si necesita ayuda en el idioma que habla, servicios de asistencia lingüística están a su disposición de forma gratuita. Envíe su solicitud de asistencia lenguaje para [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) o por fax al 804-786-0356.

### **Korean:**

주의 : 당신이 말하는 언어로 도움이 필요한 경우, 언어 지원 서비스를 무료로 당신에게 사용할 수 있습니다. 804-786-0356에 언어 [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov)하는 지원이나 팩스에 대한 요청을 보냅니다.

### **Vietnamese:**

Chú ý: Nếu bạn cần giúp đỡ trong ngôn ngữ bạn nói, các dịch vụ hỗ trợ ngôn ngữ có sẵn cho bạn miễn phí. Gửi yêu cầu để được hỗ trợ ngôn ngữ để [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) hoặc fax 804-786-0356.

### **Chinese:**

注意 : 如果你需要在你講的語言幫助, 語言協助服務提供給您免費。發送您的語言協助 [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov)或傳真至804-786-0356請求。

### **Arabic:**

تنبيه: إذا كنت بحاجة إلى مساعدة باللغة التي تتحدثها، فإن خدمات المساعدة اللغوية متوفرة لك مجاناً. أرسل طلبك للحصول على المساعدة اللغوية عبر البريد الإلكتروني إلى [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) أو عبر الفاكس إلى 804-786-0356.

### **Persian:**

توجه: اگر شما نیاز به کمک در زبان شما صحبت می کنید، خدمات کمک زبان در دسترس شما هستند رایگان می باشد. ارسال یا فکس به 804-786-0356 [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) درخواست خود را برای کمک به زبان

### **Amharic:**

አዳምጥ: አንተ የ ማኒ ገ ፍት ቋንቋ እርዳታ የ ማፈልገ ከሆነ, የ ቋንቋ እርዳታ አገልግሎቶች ከከፍተኛ ነፃ ለእርስዎ የ ማገገ ፍ ፍው: 804-786-0356 ቋንቋ [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) እርዳታ ወይም በፋክስ ጥያቄዎን ይላኩ.

**Urdu:**

توجہ فرمائیں: اگر آپ کو اپنی بولی جانے والی زبان میں مدد درکار ہے تو زبان میں مدد کی خدمات آپ کے لیے بالکل مفت دستیاب ہیں۔

زبان میں مدد کے لیے اپنی درخواستیں [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) پر بھیجیں یا 804-786-0356 پر فیکس کریں۔

**French:**

ATTENTION: Si vous avez besoin d'aide dans la langue que vous parlez, les services d'assistance linguistique sont à votre disposition gratuitement. Envoyez votre demande d'assistance linguistique pour [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) ou par télécopieur au 804-786-0356.

**Russian:**

ВНИМАНИЕ: Если вам нужна помощь на языке вы говорите, переводческие услуги доступны бесплатно. Отправьте запрос о помощи языка к [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) или по факсу 804-786-0356.

**Hindi:**

ध्यान दें: यदि आपको उस भाषा के लिए मदद की ज़रूरत है, जिस भाषा में आप बात करते हैं, तो आपके लिए भाषा सहायता सेवाएं निशुल्क में उपलब्ध हैं। भाषा की सहायता के लिए अपना अनुरोध [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) पर या फ़ैक्स के लिए 804-786-0356 पर भेजें।

**German:**

ACHTUNG: Wenn Sie in der Sprache sprechen Sie Hilfe benötigen, die Sprache Hilfeleistungen zur Verfügung stehen Ihnen kostenlos zur Verfügung. Senden Sie Ihre Anfrage für sprachliche Unterstützung zu [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) oder Fax an 804-786-0356.

**Bengali:**

দৃষ্টি আকর্ষণ: আপনি ভাষা আপনি কথা বলতে সাহায্য প্রয়োজন হয়, তাহলে ভাষা সহায়তা সেবা নিখরচা আপনার জন্য উপলব্ধ। [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) অথবা ফ্যাক্স ভাষা সহায়তা 804-786-0356 করার জন্য আপনার অনুরোধ পাঠান।

**Bassa:**

Dè dɛ nià kɛ dyédé gbo: ɔ̄ jũ ké m̄ [Bàsòò-wùdù-po-nyò] jũ ní, nií, à wuɖu kà kò dò po-poòbèin m̄ gbo kpáa. Dá 804-786-0353.

**Igo (Igbo):**

Ntị: Ọ buru na ị choro enyemaka na asusu ị na-asu, asusu aka oru di ka ị n'efu. Send gi aririọ maka asusu aka [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) ma o bu faksi ka 804-786-0356.

**Yoruba:**

Akiyesi: Ti o ba nilo iranlowo ninu ede ti o soro, ede iranlowo ise ni o wa wa si o free ti idiyele. Fi ibeere re fun ede iranlowo to [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) tabi Faksi to 804-786-0356.

**Filipino(Tagalog):**

Pansin: Kung kailangan mo ng tulong sa wikang nagsasalita ka, serbisyo ng tulong sa wika ay magagamit sa iyo nang walang bayad. Ipadala ang iyong kahilingan para sa tulong sa wika upang [appeals@dhrm.virginia.gov](mailto:appeals@dhrm.virginia.gov) o fax sa 804-786-0356.