



Health Benefits E-News

Department of Human Resource Management

Office of State Health Benefits

January 11, 2023

Open Enrollment Coming in Early May

Open Enrollment for health benefits and flexible spending accounts (FSAs) will be held from May 1 through May 15, 2023. Please be sure to update your contact information for each of your agency groups in the Cardinal system to receive important Open Enrollment information.

Here is the navigation in Cardinal: Navigator > Benefits > Employer Information > BA Contacts. Once you are on the BA Contact page, enter the Agency number, click search and Cardinal should return with the option(s) for the agency. Similar to the BES system, there are four positions for contact information per agency/payroll group.

Two Providers Leave Delta Dental Network

Delta Dental of Virginia has notified DHRM that Virginia Children's Dentistry of Christiansburg and Hethwood Dental of Blacksburg will no longer be in-network providers for all Delta Dental networks. These changes are not specific to Commonwealth of Virginia employees.

The effective date of this change for Virginia Children's Dentistry was December 21, 2022. The effective date for Hethwood Dental was January 1, 2023. There will be no disruption to treatment since most dental services are completed during a single date of service. Claims with dates of service prior to the provider termination will be paid based on the participation status at the time of service. Claims for services that have begun

but not completed before the provider termination date will also be processed according to the participation status at that time.

We are always disappointed when a provider decides to leave a provider network that impacts state employees. If a covered employee continues to receive services from one of these providers, Delta Dental will still pay claims according to our benefits levels, but the provider may decide to bill the employee for the remaining balance.

Participants may obtain information on participating providers on the Delta Dental website at <https://deltadentalva.com/dentist-search.html>.

Mary Washington Healthcare to Leave Anthem Network in First Quarter 2023

Unless an agreement is reached, Mary Washington Healthcare has notified Anthem that they will no longer participate in the Anthem network after February 28, 2023.

This means that starting March 1, 2023, employees may pay more for care they receive from Mary Washington Healthcare doctors and facilities. Some employees' benefits may continue to cover care from Mary Washington Healthcare at the same level for a limited time on or after March 1. This coverage will apply if employees are receiving ongoing treatments, have a procedure scheduled, or are admitted to a Mary Washington Healthcare hospital.

Employees may contact the Member Services number on their ID card for more information. Anthem will also send the attached letter to impacted members during the first week in January 2023. The attached letter is only a sample but will contain specific information for the member.

Anthem offers a broad network of doctors and healthcare facilities throughout Virginia. Other in-network hospitals in the area include:

- Spotsylvania Regional Medical Center
- Sentara Northern Virginia Medical Center
- Inova Fairfax Hospital
- Inova Fair Oaks Hospital
- UVA Culpeper Medical Center
- Fauquier Hospital
- Bon Secours Memorial Regional
- VCU Medical Center
- Henrico Doctors' Hospital
- HCA Reston

Employees can use the Sydney Health mobile app or [anthem.com](https://www.anthem.com) to find a list of doctors and healthcare facilities near them.

Please visit [anthem.com/marywashington](https://www.anthem.com/marywashington) for the latest information or contact Anthem directly if you have questions.

