



# Accessing Your COVA Care Health Assessment



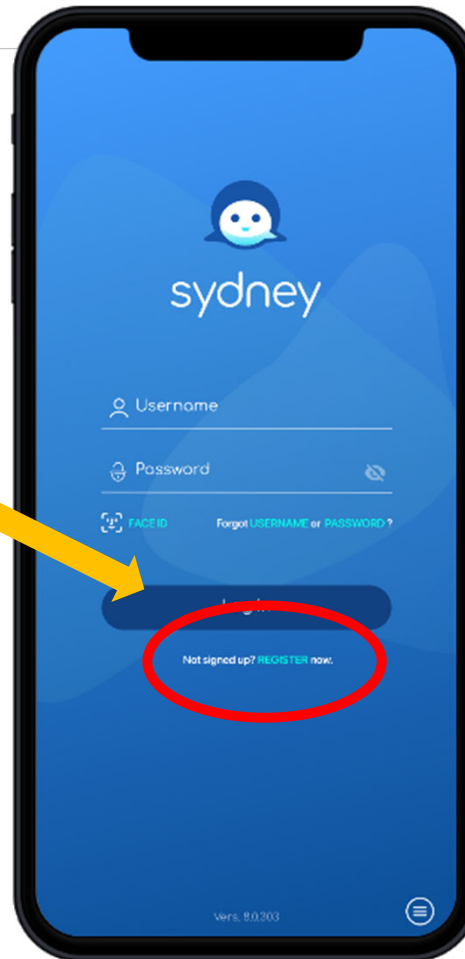
# Accessing via the Sydney Health mobile app

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## Registering a new account

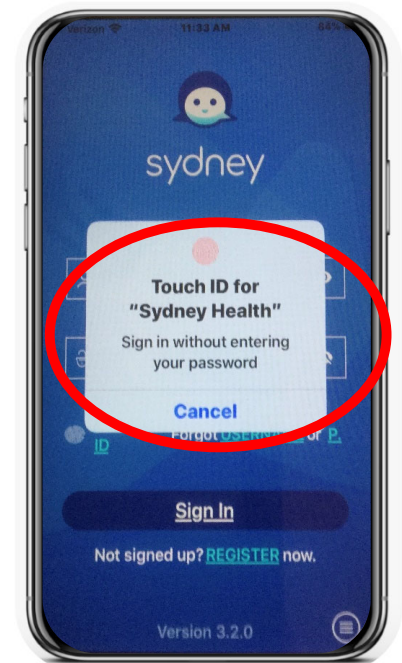
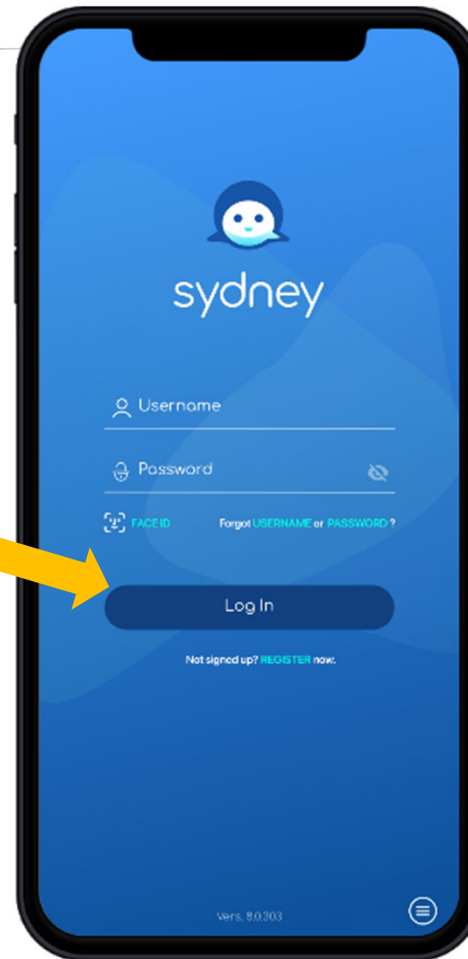
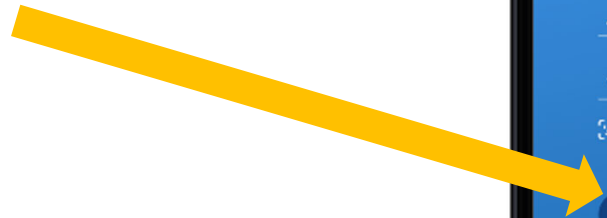
To register for a new account, click on **REGISTER now.**

Follow the step-by-step prompts to complete your registration. You will use the **same Username and Password as your anthem.com login.**



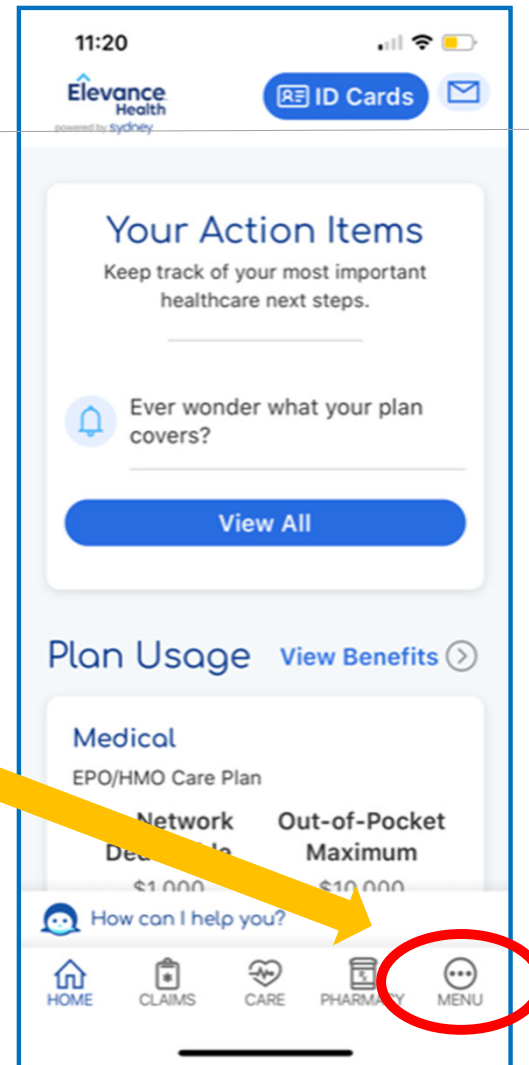
## Logging into an existing account

**Log in** using your username and password or touch ID feature.



# Accessing your health assessment

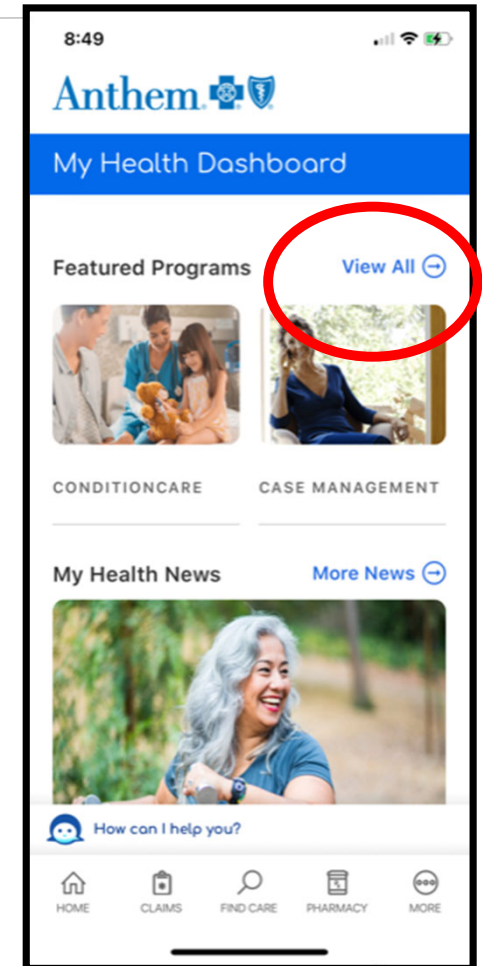
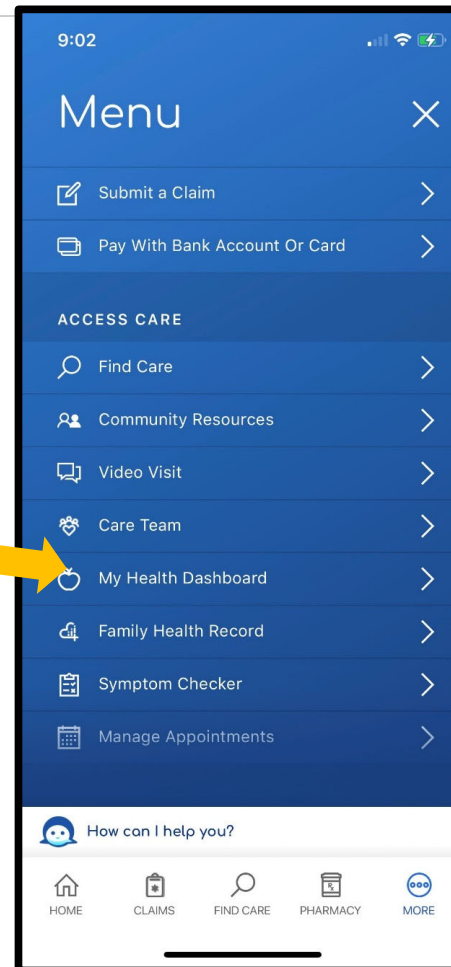
From the welcome screen click **"Menu"** on the bottom right.



# Accessing your health assessment

Select **My Health Dashboard** from the menu list

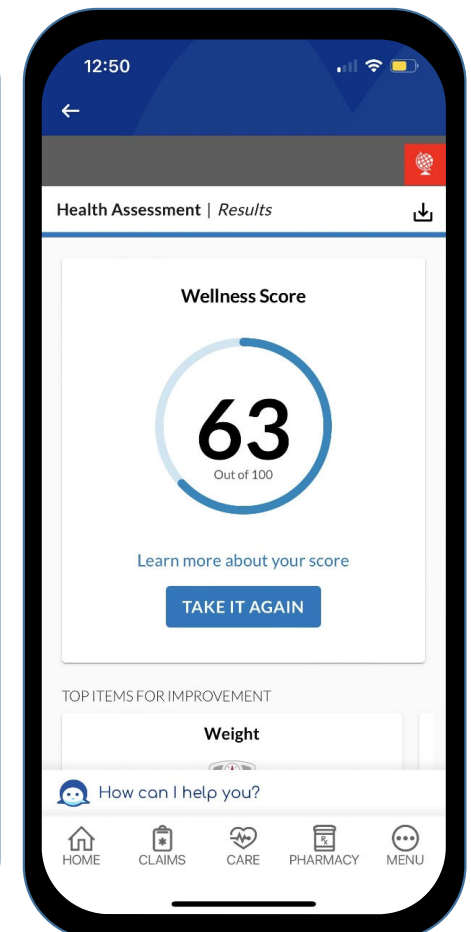
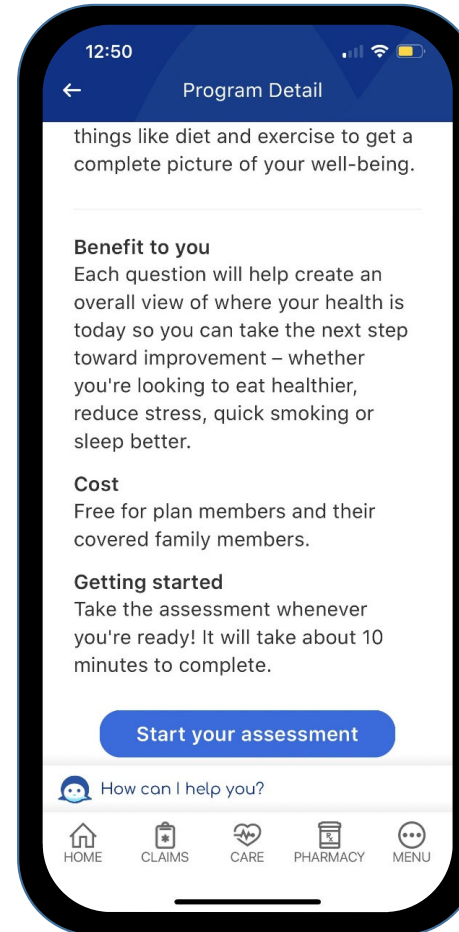
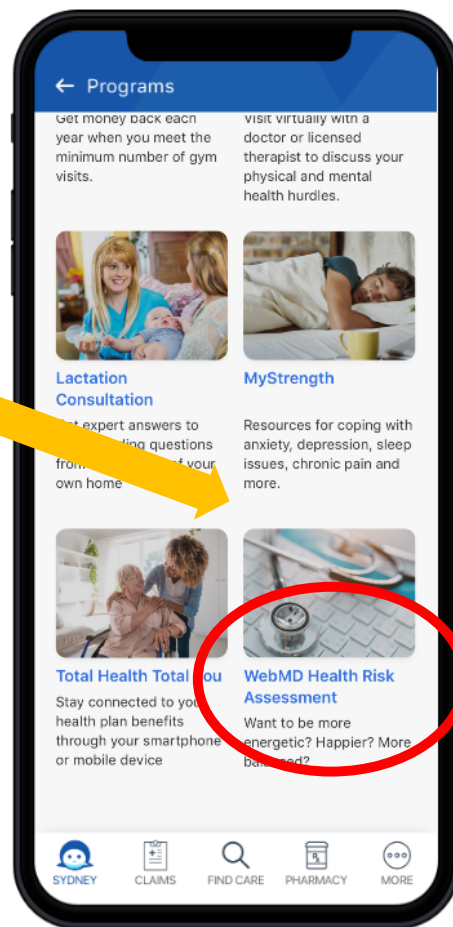
Scroll down to the **“Featured Programs section”**, then click **“View All”**, then click on the



# Accessing your health assessment

Scroll down and select **“WebMD Health Risk Assessment”** tile.

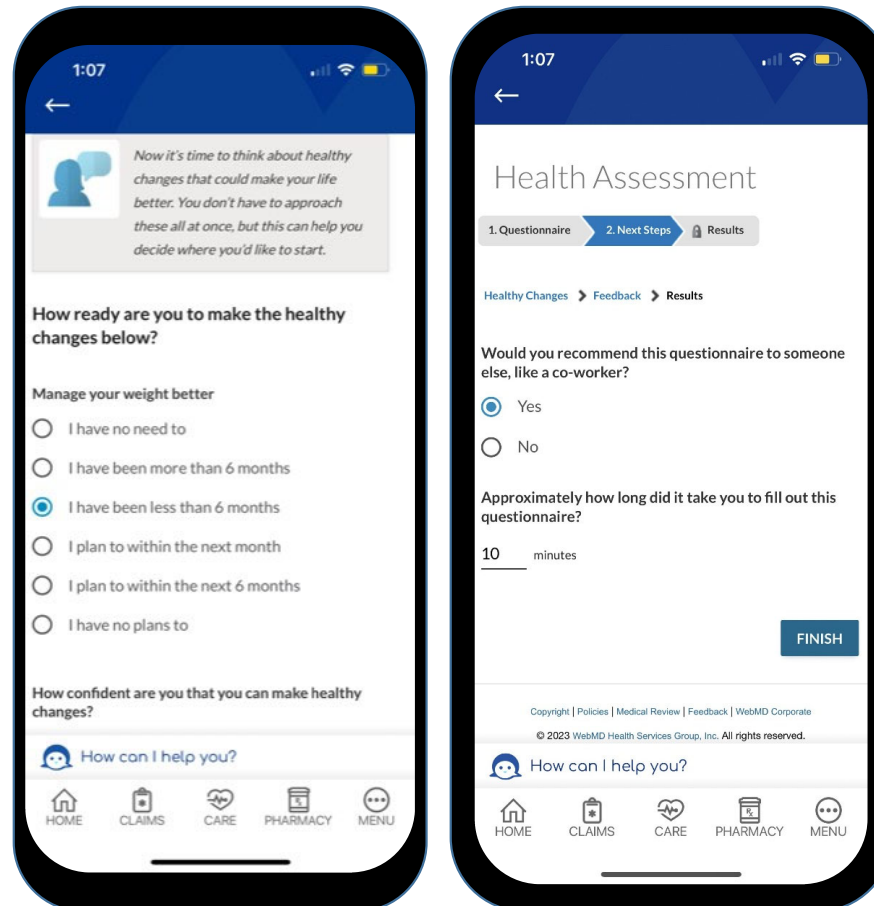
Click **“Start your assessment”**;  
Click **“Take it again”**  
if you have previously completed an assessment.



# Save Your Completion Confirmation Page

After completing your health assessment, Click on the **“Save and finalize”** button, then answer three questions about healthy changes, then click **“Save and continue”**.

Answer one final feedback question then click **“finish”**





# Save Your Completion Confirmation Page

After completing your health assessment, **print** your confirmation page to save for your records.

**Helpful Tip:** If you are not able to print your confirmation page, take a screenshot of the confirmation page and save it to your computer or smartphone.

