Sydney engagement features have been made easier to access by providing direct navigation under the My Health Dashboard menu.

My Health Dashboard includes:
- Dashboard
- Activity Tracking
- Action Plans
- Badges
- Programs
- My News Feed
To reach the Health Risk Assessment, the member will use the My Health Dashboard menu.

They can directly access the Programs page from the menu.

On the Programs page, they will select “Learn more” on the WebMD Health Risk Assessment card.

- all content subject to change
When ready, the member will click “Start your assessment”