



Video chat with a doctor 24/7

No cost medical advice for adults

Not sure if your finger is sprained or broken?
Worried about a rash?

You need

A computer, tablet, or smartphone with a built-in camera

The doctor

Has your health record at hand

Can prescribe medicine and make follow up appointments

No extra cost

No copay or coinsurance

How it works

Call 703-359-7878

- Call the Kaiser Permanente medical advice line 24/7
- A registered nurse will determine if your condition qualifies
- If it does, you'll be set up with a link to chat with the doctor

Video chat with a doctor is only for members 18 years and older.

Only members who receive care at Kaiser Permanente facilities are eligible to video chat with a doctor. Only available when member is physically present in Maryland, Virginia, or D.C. To be eligible for coverage, employees and retirees must live or work in the Kaiser Permanente service area. The service area map and ZIP codes can be found at my.kaiserpermanente.org/mida/commonwealthofvirginia