

ConditionCare

Support and incentives to help you on your journey toward better health



We know managing your condition is not an easy thing to do. You have unique needs to help you be your healthy best. **ConditionCare** is designed with your individual needs in mind. It gives you a support team, including clinical team member coaches, who work with you to help you manage your condition

Complete the requirements below and **you may be eligible to receive certain medications or supplies at no cost!** You'll also receive one-on-one health coaching.

If you have **Diabetes**, you'll need to:

- participate in quarterly coaching calls with a ConditionCare clinical team member;
- follow up with your physician each plan year;
- have at least one HbA1c test each plan year; and
- continue to take your diabetes medication as prescribed by your physician.
- Note: As of August 1, 2020, the 90-day compliance period for medication adherence is no longer a requirement for the incentive program.

If you have **Asthma or COPD**, you'll need to:

- speak with a ConditionCare clinical team member once per year or as directed;
- have an annual wellness exam with your doctor or healthcare provider;
- get a flu shot; and
- continue to take your medication as prescribed by your physician.
- Note: As of August 1, 2020, the 90-day compliance period for medication adherence is no longer a requirement for the incentive program.

If you have **Hypertension**, you'll need to:

- speak with a ConditionCare clinical team member once per year or as directed;
- have an annual wellness exam with your doctor or healthcare provider;
- continue to take your medication as prescribed by your physician.
- Note: As of August 1, 2020, the 90-day compliance period for medication adherence is no longer a requirement for the incentive program.



Start your journey toward better health

We're excited to partner with you on the road to better health! If you have any questions, please **call 1-844-507-8472** to speak to a ConditionCare clinical team member.

