

Commonwealth of Virginia Health Benefits Program

Monthly Premiums for Extended Coverage (COBRA) Participants Effective July 1, 2019 – June 30, 2020

Get a premium reward if you are enrolled in COVA Care or COVA HealthAware! You or your enrolled spouse must complete a health assessment to save \$17 a month or \$34 when both of you meet the requirement.

Health Care Plans	You Only	You Plus One	You Plus Two or More
COVA HDHP - High Deductible Health Plan Basic			
Total Premium – 18 or 36 months	\$596	\$1,108	\$1,619
Total Premium – 29 months	\$876	\$1,629	\$2,381
COVA HDHP Plus Expanded Dental			
Total Premium – 18 or 36 months	\$628	\$1,168	\$1,706
Total Premium – 29 months	\$924	\$1,718	\$2,510
COVA HealthAware Basic			
Total Premium – 18 or 36 months	\$708	\$1,313	\$1,898
Total Premium – 29 months	\$1,041	\$1,931	\$2,792
COVA HealthAware Plus Expanded Dental			
Total Premium – 18 or 36 months	\$740	\$1,371	\$1,984
Total Premium – 29 months	\$1,088	\$2,016	\$2,918
COVA HealthAware Plus Expanded Dental & Vision			
Total Premium – 18 or 36 months	\$751	\$1,392	\$2,013
Total Premium – 29 months	\$1,104	\$2,048	\$2,961
COVA Care Basic			
Total Premium – 18 or 36 months	\$795	\$1,469	\$2,131
Total Premium – 29 months	\$1,169	\$2,160	\$3,134
COVA Care Plus Out-of-Network			
Total Premium – 18 or 36 months	\$813	\$1,502	\$2,181
Total Premium – 29 months	\$1,196	\$2,210	\$3,207
COVA Care Plus Expanded Dental			
Total Premium – 18 or 36 months	\$828	\$1,531	\$2,222
Total Premium – 29 months	\$1,218	\$2,252	\$3,267
COVA Care Plus Out-of-Network & Expanded Dental			
Total Premium – 18 or 36 months	\$847	\$1,565	\$2,272
Total Premium – 29 months	\$1,245	\$2,301	\$3,341
COVA Care Plus Expanded Dental Plus Vision & Hearing			
Total Premium – 18 or 36 months	\$848	\$1,567	\$2,274
Total Premium – 29 months	\$1,247	\$2,304	\$3,344
COVA Care Plus Out-of-Network Plus Expanded Dental Plus Vision & Hearing			
Total Premium – 18 or 36 months	\$866	\$1,600	\$2,324
Total Premium – 29 months	\$1,274	\$2,354	\$3,417
Kaiser Permanente HMO – available primarily in Northern Virginia			
Total Premium – 18 or 36 months	\$672	\$1,236	\$1,801
Total Premium – 29 months	\$989	\$1,818	\$2,649
Optima Health Vantage HMO – available primarily in Hampton Roads			
Total Premium – 18 or 36 months	\$775	\$1,435	\$2,079
Total Premium – 29 months	\$1,140	\$2,111	\$3,057