HELP YOUR EMPLOYEES

STAY HEALTHY

Flu shots are available starting September 2.

Why you should get a flu shot

It's the best defense
Flu vaccines are shown to reduce the risk of needing to visit a doctor for the flu by 40% to 60%.[1]

It's safe
Flu shots can't–and won't–give you the flu. Millions of Americans have received them safely over the last 50 years.[2]

It protects others
Coughing and sneezing spreads germs. By preventing flu symptoms, you'll help prevent the spread of illness to people around you.

It changes every year
The vaccine is updated each year to target the latest circulating viruses.

Where you can get a flu shot

Medical center clinic
Visit our medical centers with designated flu clinics–by appointment only.

Saturday flu clinics
Visit our Saturday flu clinics on select Saturdays in September and October.

For more information on getting your flu shot, visit **kp.org/flu** or call our flu hotline at **800-482-4738** (toll free).

KAISER PERMANENTE®

Locations for flu shots

Kaiser Permanente medical center	Flu clinic appointment types
Abingdon Medical Center	Medical center clinic
Alexandria Medical Center	Medical center clinic
Annapolis Medical Center	Medical center clinic
Ashburn Medical Center	Medical center clinic
Baltimore Harbor Medical Center	Medical center clinic
Bowie Fairwood Medical Center	Medical center clinic
Burke Medical Center	Medical center clinic
Camp Springs Medical Center	Medical center clinic
Capitol Hill Medical Center	Medical center clinic and Saturday flu clinic
Caton Hill Medical Center	Medical center clinic and Saturday flu clinic
Colonial Forge Medical Center	Medical center clinic
Columbia Gateway Medical Center	Medical center clinic
Fair Oaks Medical Center	Medical center clinic
Falls Church Medical Center	Medical center clinic
Frederick Medical Center	Medical center clinic
Fredericksburg Medical Center	Medical center clinic
Gaithersburg Medical Center	Medical center clinic and Saturday flu clinic
Haymarket Crossroads Medical Center	Medical center clinic
Kensington Medical Center	Medical center clinic
Largo Medical Center	Medical center clinic and Saturday flu clinic
Lutherville-Timonium Medical Center	Medical center clinic
Manassas Medical Center	Medical center clinic
Marlow Heights Medical Center	Medical center clinic
North Arundel Medical Center	Medical center clinic
Northwest D.C. Medical Office Building	Medical center clinic
Reston Medical Center	Medical center clinic
Shady Grove Medical Center	Medical center clinic
Silver Spring Medical Center	Medical center clinic
South Baltimore County Medical Center	Medical center clinic and Saturday flu clinic
Springfield Medical Center	Medical center clinic
Tysons Corner Medical Center	Medical center clinic and Saturday flu clinic
West Hyattsville Medical Center	Medical center clinic
White Marsh Medical Center	Medical center clinic and Saturday flu clinic
Woodlawn Medical Center	Medical center clinic

The continued availability of any flu clinic cannot be guaranteed. Kaiser Permanente reserves the right to relocate, modify, or terminate the location and hours of services for flu clinics. For the most up-to-date information, visit **kp.org/flu**.

[1]"What Are the Benefits of Flu Vaccination?" CDC.gov, 2021
[2]"Influenza (Flu) Vaccine Safety," CDC.gov, 2021

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