

OPTIMA HEALTH

# Protect Yourself, Protect Others. Get Your Flu Shot.



**Optima Health members may visit the following locations to receive a flu shot:**

## Your Physician's Office

Check with your physician to see if they offer the flu vaccine. A copayment may apply if you receive the flu vaccine during a scheduled office visit.

## Your Local Pharmacy

There is no copayment, coinsurance, or deductible for members that receive a covered flu vaccine<sup>1</sup> from a participating pharmacy (age restrictions may apply). Please contact your local pharmacy to verify participation.

**If you need assistance finding a location to receive a flu vaccine, contact Optima Health member services at the number listed on the back of your member ID card.**

## 2022–2023 Influenza Season

Optima Health covers the flu vaccine for members with medical and/or pharmacy benefits. We will cover the flu vaccine under your preventive care benefit at 100% for the 2022–2023 influenza season.

For the 2022–2023 influenza season, Optima Health will cover Trivalent and Quadrivalent influenza vaccines. The Adjuvant influenza vaccine is covered for members age 65 and older.

The seasonal flu and COVID-19 are both contagious respiratory illnesses with similar symptoms, but they are caused by different viruses. Optima Health recommends that you protect yourself from these viruses. It is safe for you to be given the flu vaccine and COVID-19 vaccine at the same time. The COVID-19 vaccine is also covered by Optima Health and free for members.

*<sup>1</sup>High-dose and FluMist® influenza vaccines are not covered for all ages. Adjuvant influenza vaccines are not covered for members age 64 and younger. Optima Family Care and Optima Health Community Care members (excluding FAMIS) age 18 and younger must obtain influenza vaccinations through the Vaccines for Children (VFC) program. Please see your doctor, physician, or pharmacy for information on receiving the flu vaccine. As always, we recommend that you check your benefits documents or call member services to confirm coverage details.*

Source: "Frequently Asked Influenza (Flu) Questions: 2022-2023 Season." Centers for Disease Control and Prevention, [www.cdc.gov/flu/season/faq-flu-season-2022-2023.htm](https://www.cdc.gov/flu/season/faq-flu-season-2022-2023.htm)



**The seasonal flu virus may be different each year, so it is important to get a flu shot annually.**

For more information, visit:  
[optimahealth.com/flu](https://optimahealth.com/flu)

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