

# Protect Yourself, Protect Others. Get Your Flu Shot.



## OPTIMA HEALTH MEMBERS MAY VISIT THE FOLLOWING LOCATIONS TO RECEIVE A FLU SHOT

### YOUR PHYSICIAN'S OFFICE

Check with your physician to see if he or she offers the flu vaccine. A physician office copayment may apply if you receive the flu vaccine during a scheduled office visit.

Each year the flu virus may be different, so it is important to get a flu shot every year.

### YOUR LOCAL PHARMACY

There is no copayment, coinsurance, or deductible for members that receive a covered flu vaccine from a participating pharmacy (age restrictions may apply). Please contact your local pharmacy to verify participation.

**If you need assistance finding a location to receive a flu vaccine, contact Optima Health member services at the number listed on the back of your member ID card.**

## 2021–2022 INFLUENZA SEASON

Optima Health covers the flu vaccine for members with medical and/or pharmacy benefits. We will cover the flu vaccine under your preventive care benefit at 100% for the 2021–2022 influenza season.

For the 2021–2022 influenza season, Optima Health will cover Trivalent and Quadrivalent influenza vaccines. The Adjuvant influenza vaccine is covered for members age 65 and older.

The seasonal flu and COVID-19 are both contagious respiratory illnesses with similar symptoms, but they are caused by different viruses. Optima Health recommends that you protect yourself from these viruses. The CDC recently announced that it is acceptable for you to be given the flu vaccine and COVID-19 vaccine at the same time. The COVID-19 vaccine is also covered by Optima Health and free for members.

*Fluzone® high-dose and FluMist® influenza vaccines are not covered for all ages. Adjuvant influenza vaccines are not covered for members age 64 and younger. Please see your doctor, physician, or pharmacy for information on receiving the flu vaccine.*

Source: "Frequently Asked Influenza (Flu) Questions: 2021-2022 Season." Centers for Disease Control and Prevention, [www.cdc.gov/flu/season/faq-flu-season-2021-2022.htm](http://www.cdc.gov/flu/season/faq-flu-season-2021-2022.htm)

For more information, visit  
[optimahealth.com/flu](http://optimahealth.com/flu)

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