

HEALTH BENEFITS E-NEWS EXTRA

Department of Human Resource
Management
Office of Health Benefits

January 14, 2016

Pharmacy Medication Review Calls

There have been questions recently concerning state health plan calls to members offering the opportunity to review their medications with a pharmacist. The State Health Benefits Program launched a Medication Therapy Management program in 2013. Below is information from the [2014 Spotlight](#), page 4.

Many COVA Care and COVA HealthAware members take multiple medications for various chronic conditions. A free voluntary medication therapy management program allows you to confidentially review your medications with a pharmacist. In these sessions, you can learn more about complying with your drug treatment, possible drug reactions and other issues. The program also can help identify any gaps in your care or therapy.

Certain criteria must be met. If you qualify, your health plan will reach out to you.

Please note that member participation is voluntary.



Webinar on MyActiveHealth.com/COVA

The next ActiveHealth webinar will cover the Commonwealth's MyActiveHealth website. The webinar is scheduled for **Thursday, January 21, 2016, at 1:00 p.m.**

[Register https://e-medx.webex.com/e-medx/j.php?RGID=ref80b1444582381a222388228be75e54](https://e-medx.webex.com/e-medx/j.php?RGID=ref80b1444582381a222388228be75e54)

After your request has been approved, you'll receive instructions for joining the meeting. If you already registered for this meeting, you do not need to register again. Can't register? [Contact support.](#)



Your Anthem Toolkit – Thursday, January 28, 1:00 p.m.

Register now for a **live tour** of your dedicated Anthem website. See how easy it is to download important information about the COVA Care, COVA HDHP, Flexible Spending Accounts and Medicare plans.

Click here to register:

<http://event.on24.com/wcc/r/1116404/AFD790983AC524B445EACE653EBE09A1>

This is a web-based presentation – no telephone dial-in or password needed. Simply use the speakers on your computer, smartphone or tablet. (Note: Apple iOS devices including iPhone 5+ and iPad 2+/iPad Mini with iOS version 7+, and Android phone and tablets devices with OS 4.2 and later.)

Benefits Training Reminder – March 30 & 31, 2016

The following course is being offered at Virginia Tech. Please register on the COVA Knowledge Center. You may email ohb@dhrm.virginia.gov with any questions.

Health Benefits Administration – Active Employees

March 30 & 31, 2016

8:30 am – 4:00 pm

North End Center, Room 2420/2430
300 Turner St NW
Blacksburg, VA 24061

Instructor: Kevin M. Johnson

Please do not reply to this e-mail. You may send inquiries to the Office of Health Benefits mailbox at ohb@dhrm.virginia.gov.