

HEALTH BENEFITS E-NEWS

*Department of Human Resource
Management
Office of Health Benefits*

October 6, 2020

Receive a Free Flu Shot at Drive-Thru Clinics This Month

State employees and non-Medicare eligible retirees in the Central Virginia area enrolled in COVA Care, COVA HDHP and COVA HealthAware have one more option for getting a free flu shot this year. Please share this information with your employees in the area.

Capitol Square Healthcare and DHRM are sponsoring drive-thru flu clinics at John Tyler Community College Parking Deck at [800 Charter Colony Parkway, Midlothian, Virginia, 23114](https://www.dhrm.virginia.gov/employeebenefits/health-benefits/flushotinformation), on October 20 and 29, from 10:00 a.m. to 3:00 p.m.

Flu shots will be administered in a covered parking garage. There is no need to make an appointment or be concerned about the weather. Simply show up in your car and get in line! Flu shots are also available for covered spouses and children 4 years and older accompanied by a parent.

You must have your Health Plan ID and a Photo ID with you or you **will not** receive the flu shot. We recommend that you wear a short sleeve or top with easy access to the shoulder area where the vaccine will be administered. You and your family members in the car are also advised to wear face masks to protect yourself and others.

Kaiser Permanente and Optima Health members will not be able to get the flu vaccine at the drive-thru clinics. For more information on flu shot availability, please contact your health plan or visit <https://www.dhrm.virginia.gov/employeebenefits/health-benefits/flushotinformation>.

Health Benefits Administration Training

This two and one half hour course is designed for agency human resources professionals, health benefit administrators and payroll employees whose job responsibilities require knowledge of the state's health benefits programs for Active Employees. The course provides a review of the policies and procedures for Active Employee State Health Benefits and the Flexible Benefits Programs. It also provides a brief overview of the Benefits Eligibility System (BES).

Dates:

Monday October 26, 2020
9am – 11:30am
Location: Virtual

Instructor: Kevin M. Johnson

Monday November 16, 2020

9am – 11:30am.

Location: Virtual

Instructor: Kevin M. Johnson

Register in the COVA Learning Center at this [link](#).

If you have any questions, please contact kevin.m.johnson@dhrm.virginia.gov.

Please do not reply to this e-mail. You may send inquiries to the Office of Health Benefits mailbox at ohb@dhrm.virginia.gov