## A NEW HEALTHCARE OPTION FOR STATE EMPLOYEES

Whether you aren't feeling well during your workday, have a sore throat or illness that needs immediate attention, or your goal is to stay healthy or improve your health – we can help.

Capitol Square Healthcare offers a wide range of services for health concerns such as:

- Coughs
- Cold/flu
- Cuts and contusions
- · Ear or eye infections
- Headaches
- Minor burns
- Sore throats
- · And more!

#### TO SCHEDULE AN APPOINTMENT

- Call 844.342.1791
- Visit www.capitolsquarehealthcare.com



#### Location

Mezzanine James Monroe Building 101 N 14th Street Richmond, VA 23219

#### **Hours of Operation**

Monday – Friday: 7:30 a.m. to 6 p.m.

#### **Contact Information**

844.342.1791 (tel) 262.372.5602 (fax)

www.capitolsquarehealthcare.com





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### Convenient Access to Healthcare in Downtown Richmond





# Taking Care of Yourself Just Got Easier.

Make your health a priority. Capitol Square Healthcare offers affordable healthcare at or near your workplace!

#### **PATIENT-CENTERED CARE**

Providers at Capitol Square Healthcare practice a comprehensive approach to your care. Appointment times are scheduled so that you and your provider have plenty of time to discuss both your immediate needs and your overall health.

## 24/7 ONLINE ACCESS WITH MYQUADMED

Our secure patient portal gives you quick and easy access to the tools to help you manage your health. You can schedule appointments, secure message with your Capitol Square Healthcare provider and access your personal health information from visits at the center. To get started, visit **www.capitolsquarehealthcare.com.** You are also able to schedule appointments in person, by phone or through the MyQuadMed mobile app. You can download the MyQuadMed mobile app for iPhone by visiting the iTunes App Store or for Android by visiting Google Play.

#### **LOW COST**

What you pay for services at Capitol Square Healthcare depends on your coverage. You pay a set fee for most medical care, and an additional charge for medications.

| COVA Care                | \$15 per visit |
|--------------------------|----------------|
| COVA HealthAware         |                |
| COVA HDHP                |                |
| Kaiser Permanente HMO    | \$75 per visit |
| TRICARE Supplement       |                |
| No state health coverage | \$75 per visit |

Payment is due at the time of service by credit/debit card or cash. Checks will not be accepted.

#### **CONFIDENTIAL PATIENT CARE**

Confidentiality is vital in a healthcare setting, and healthcare providers are held to strict patient confidentiality rules. All patient medical information will be maintained in the strictest confidence and is not accessible to your employer. Your health information is also protected by and complies with HIPAA privacy practices.

## RATE YOUR CARE TO ENSURE HIGH QUALITY

Having a high-quality experience at Capitol Square Healthcare is as important as the convenience and affordability. At the end of every visit, you will be given the opportunity to fill out a short survey and rate your overall experience.

#### **HEALTHY LIFESTYLES**

The Healthy Lifestyles coaching program can help you reach your health goals. Whether you are looking to eat better, lose weight, quit smoking, get in shape or manage stress, your ActiveHealth onsite health coach can help you make changes that last. Your onsite coach is available at no extra cost as part of your COVA HealthAware, COVACare and COVA HDHP benefits.