

HEALTH BENEFITS E-NEWS EXTRA

*Department of Human Resource
Management
Office of Health Benefits*

October 7, 2015

Reminder: ActiveHealth Management Webinar Set for Tomorrow, October 8

As part of the Benefits Administrator Webinar Series, please join ActiveHealth Management on Thursday, October 8 at 1:00 p.m. for a review of the Commonwealth's Health and Wellness Programs. Find out more about Healthy Beginnings (maternity management), Healthy Lifestyles (coaching) and Healthy Insights (disease management resources). A link to the meeting is below. No prior registration is required.

COVA: Health and Wellness Programs

Thursday, October 8, 2015
1:00 pm Eastern Daylight Time

[Join WebEx meeting](#)

Please do not reply to this e-mail. You may send inquiries to the Office of Health Benefits mailbox at ohb@dhrm.virginia.gov.