



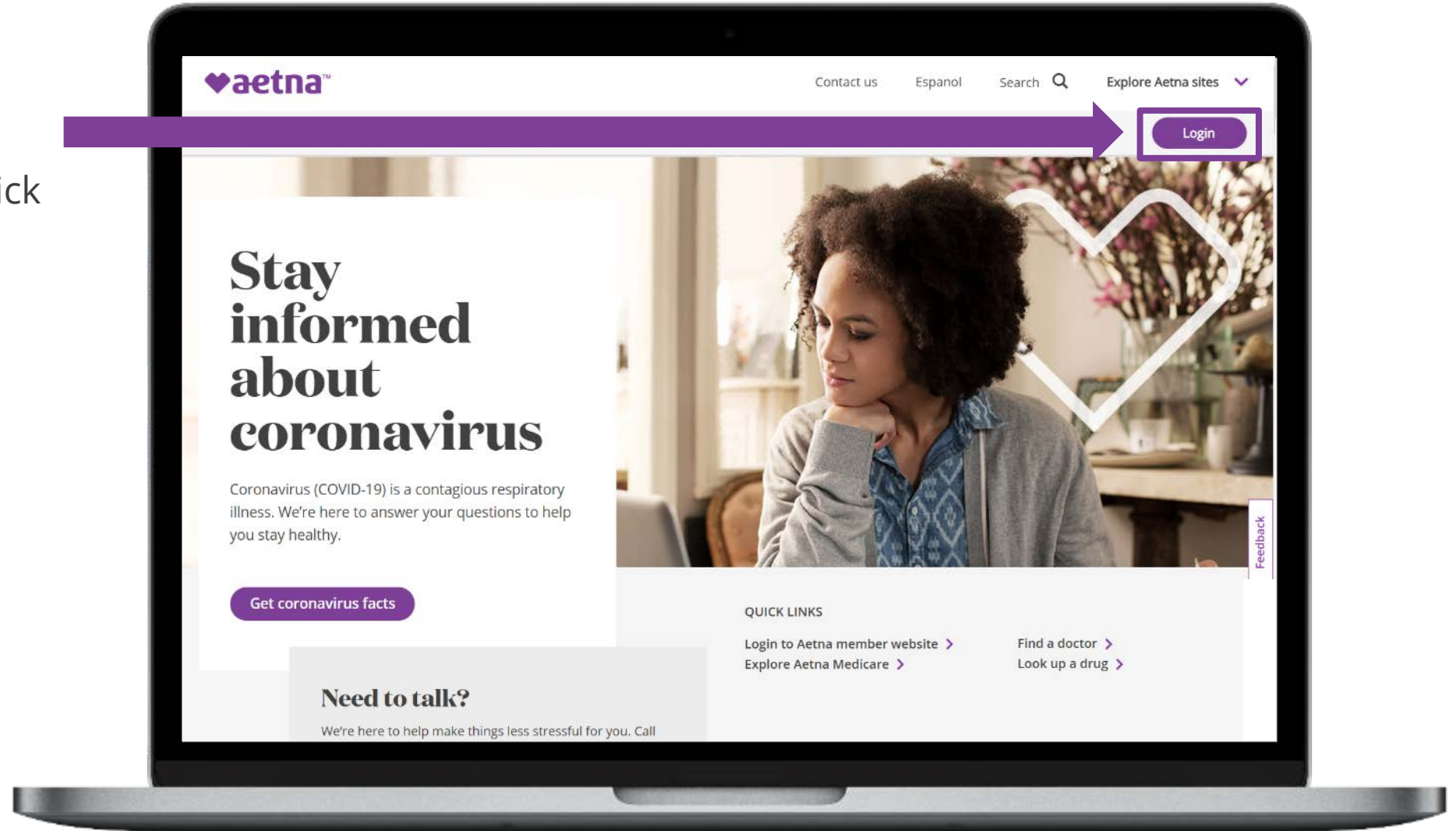
Accessing Your COVA HealthAware Health Assessment



Accessing via your Aetna Member Website

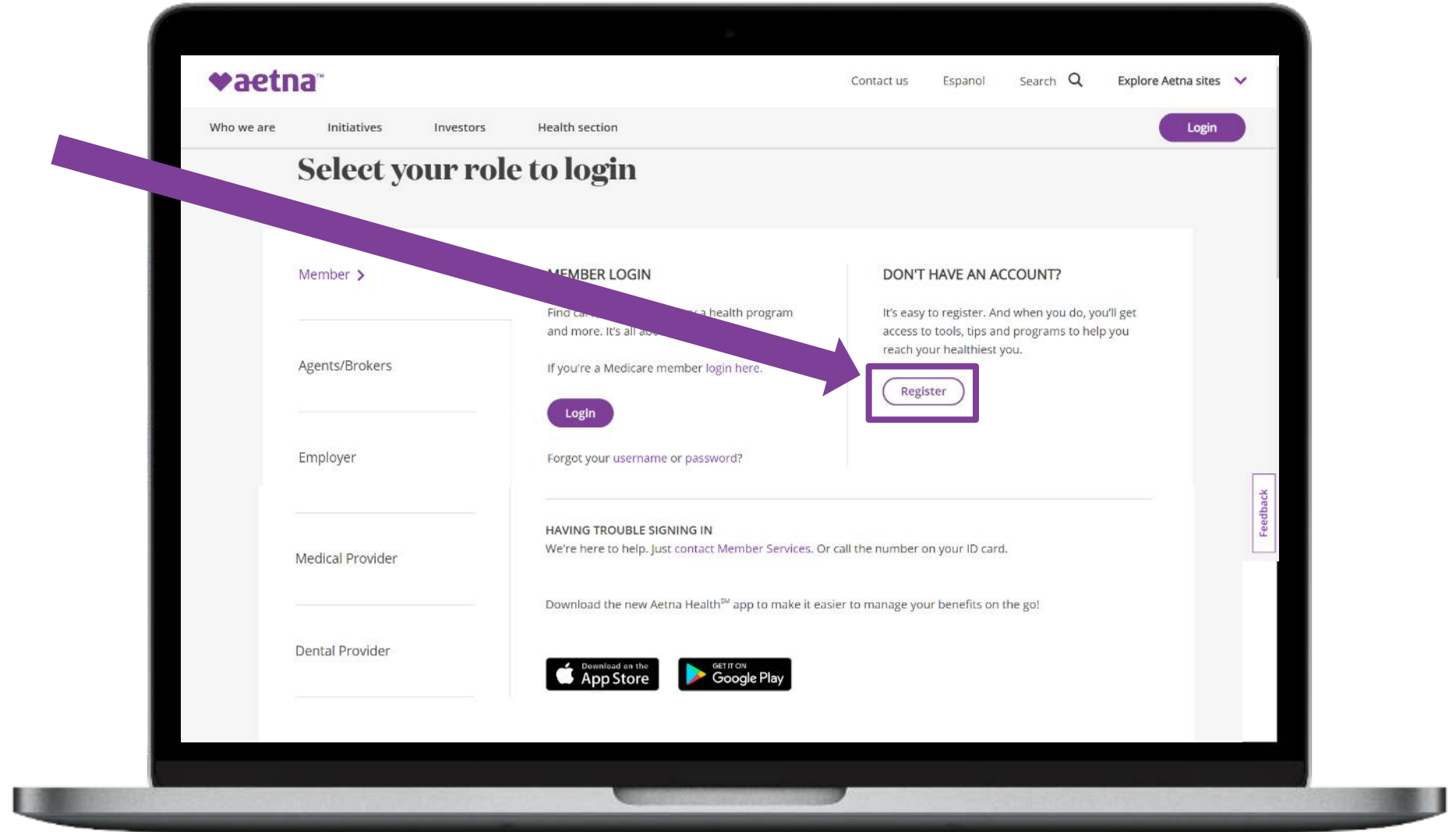
Logging into an existing account/Registering a new account

To login or register for a new account, go to www.aetna.com and click on **Login**.



Registering a new account

To register a new account, click **Register**.



Registering a new account

Register for a new account using your Member ID number found on your COVA HealthAware ID card.



Complete the step-by-step prompts to complete your registration.

aetna

New User Registration

Step 1 of 4 Personal Info | Step 2 of 4 Validate Identity | Step 3 of 4 Create Account | Step 4 of 4 Terms and Conditions

*marked fields are required

Sign up using my

Member ID
 Social Security number

Member ID*
001234567

Find your Member ID on your ID card, Welcome Letter, or any EOB you received from us. [Get help locating your Member ID »](#)

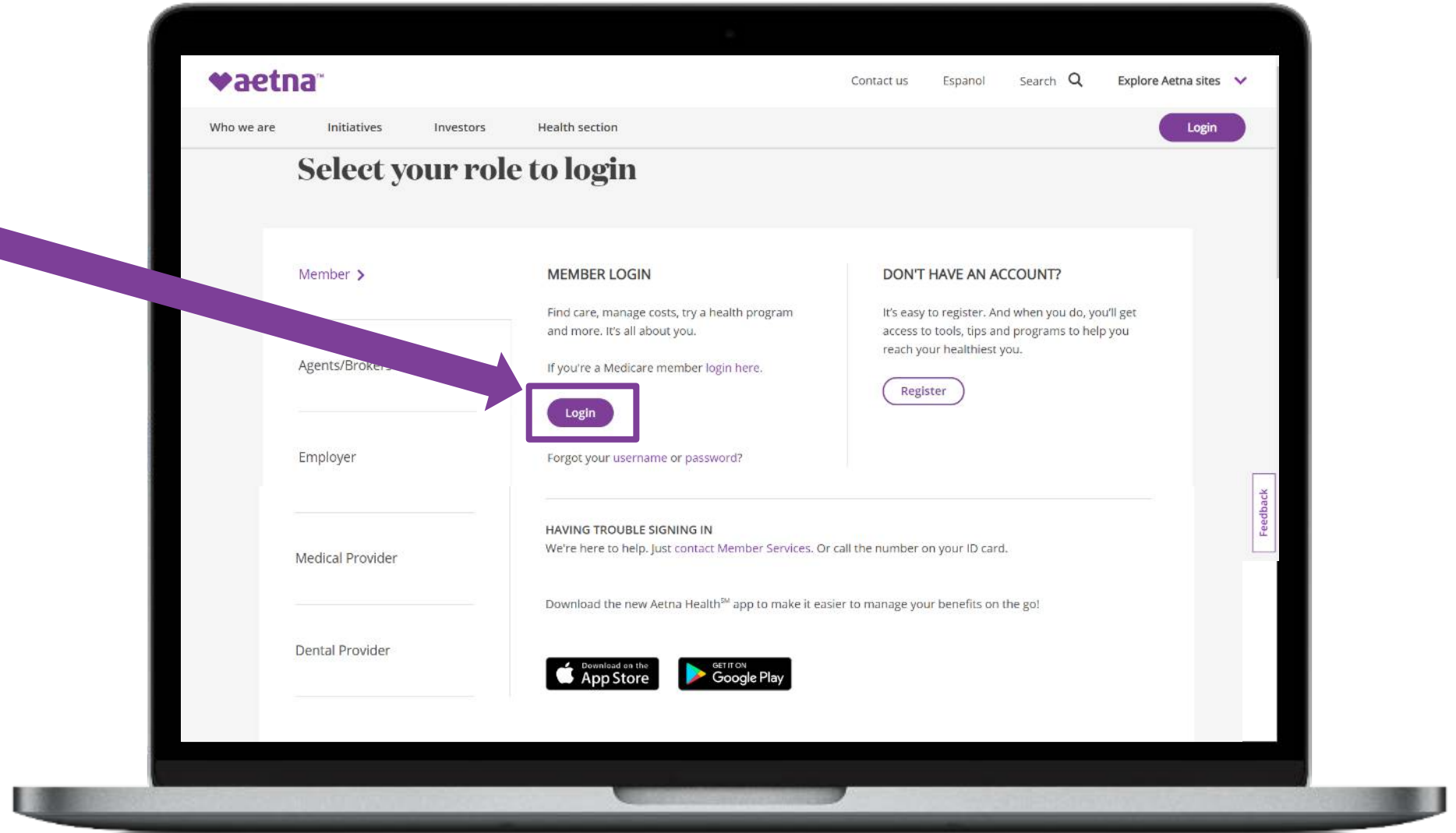
Full first name*
[Text Field]

Full last name*
[Text Field]

Date of birth*
Month [Dropdown] Day [Dropdown] Year [Dropdown]

Logging into an existing account

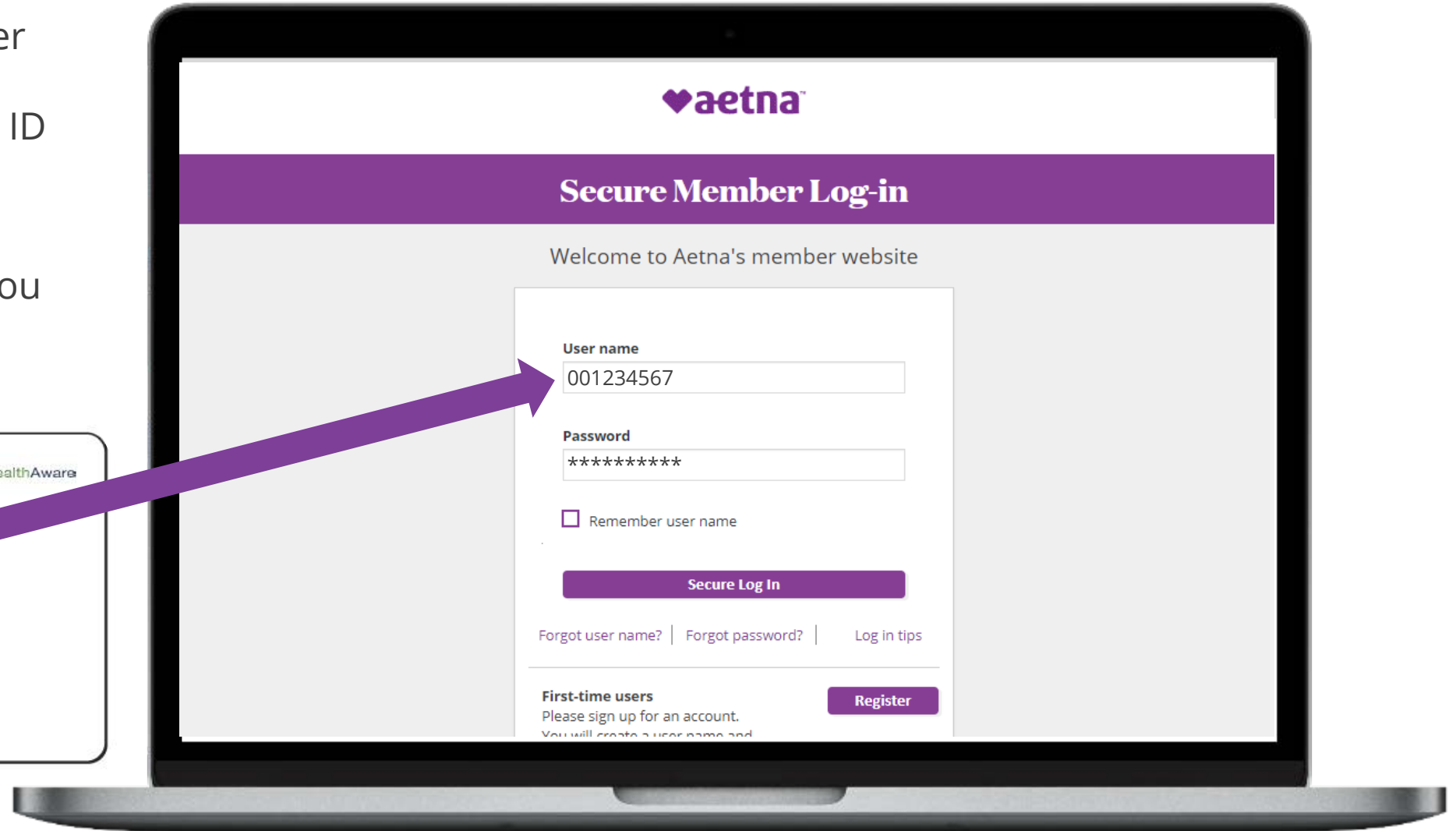
Click on **Login** under **Member Login**.



Logging into an existing account

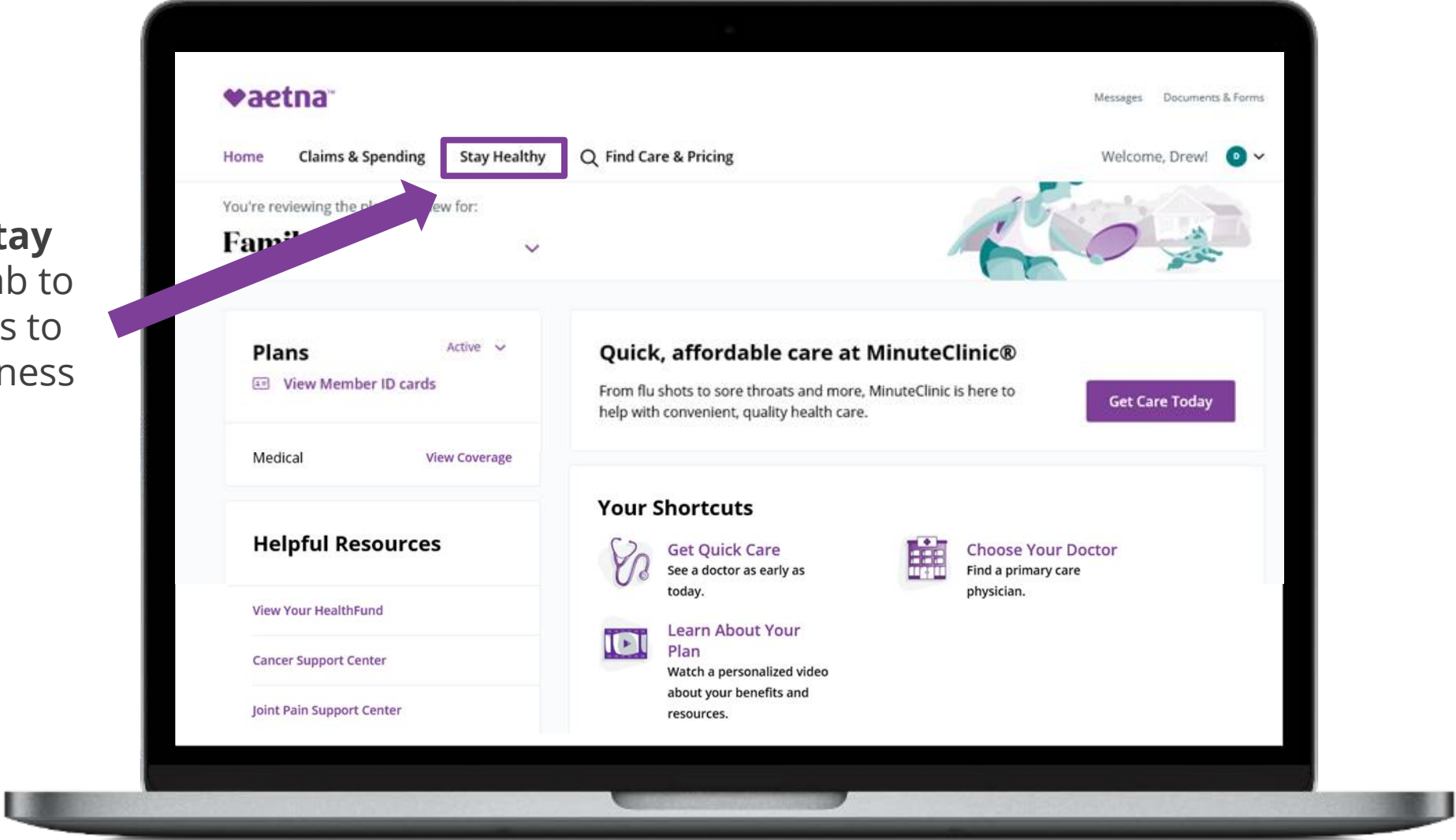
Login using your Member ID number located on your COVA HealthAware ID Card.

Your password will have been previously set by you during your initial registration.



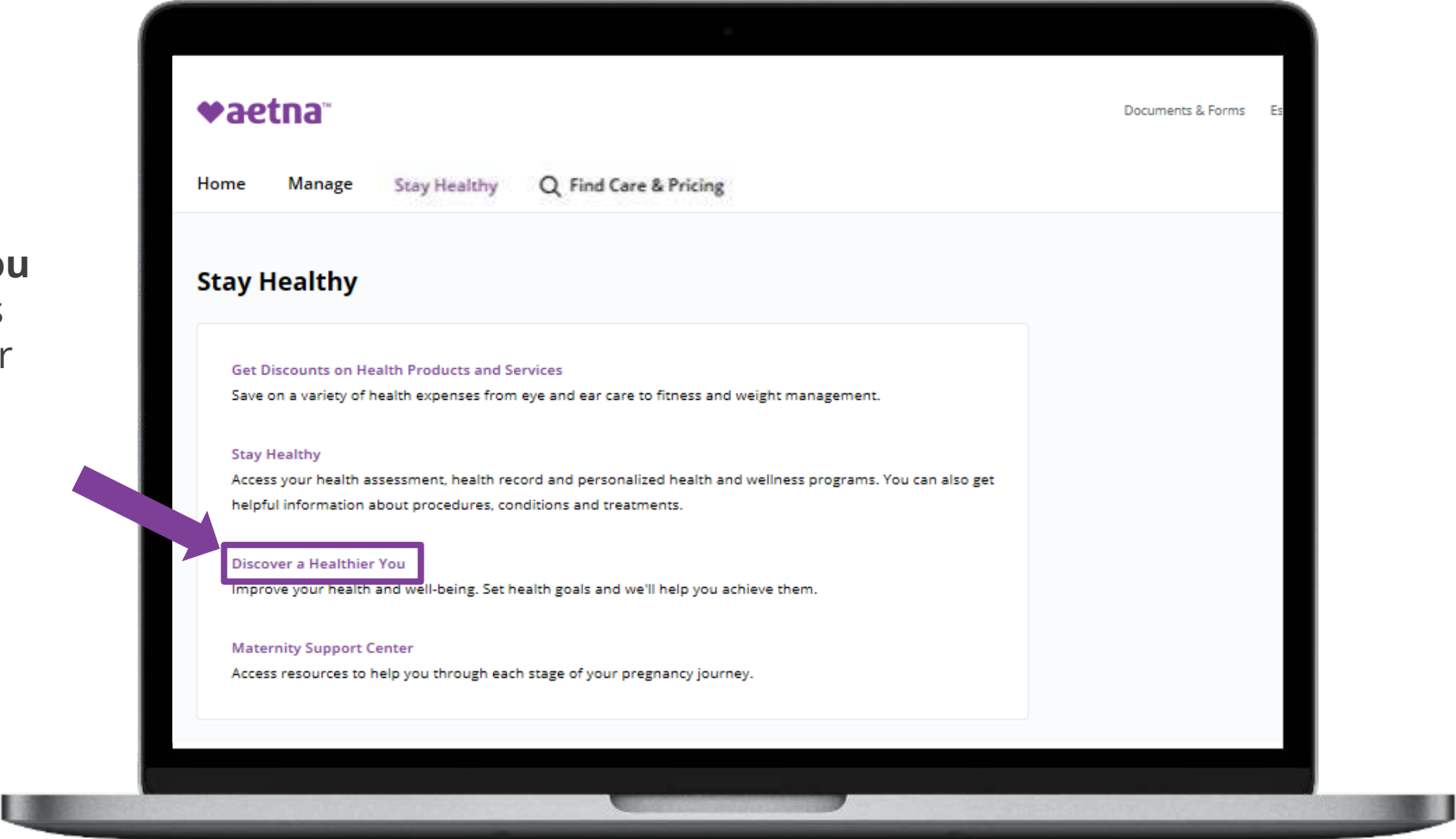
Accessing Your Health Assessment

Click the **Stay Healthy** tab to access links to Aetna wellness resources.



Accessing Your Health Assessment

Click the **Discover a Healthier You** link to access your Member Engagement Platform.



Accessing Your Health Assessment

First time users will be asked to review and accept the Member Engagement Platform's **Terms & Conditions** and the **Genetic Information Nondiscrimination Act (GINA) Terms & Conditions**.

NOTE: You must accept both in order to access your Health Assessment and other reward activities.

Discover a Healthier You!

Make you find all the resources, guidance and support you need to reach your wellness goals. Change doesn't happen overnight but we'll help you work toward the path to a healthier lifestyle today.

Terms & Conditions

***Required field**

Please provide your communication preferences before continuing.

Select Preferred

Primary

Primary

We do not have a phone number on file for you. Please use the Secondary field to enter your phone number.

Secondary

Email Address*

ENTER EMAIL

Please review and accept the terms and conditions.

Terms of Use

ActiveHealth's Web & Mobile Terms of Use

Welcome to ActiveHealth's web and mobile experience. These activehealth.com's & mobile Terms of Use (the "Terms") apply to these websites and software applications (including mobile applications) that we operate and that contain a link to these Terms (a "Application" or together the "Applications").

By using our Applications you are agreeing to these Terms. Please read them carefully.

We may modify these Terms and/or terms by posting the revised Terms on the Applications. You can learn when these Terms are last updated by referring to the "LAST UPDATED" legend at the bottom of these Terms. Any modifications will be effective immediately.

I Accept the Terms & Conditions

Please review and accept Genetic Information Nondiscrimination Act Terms & Conditions

Genetic Information Nondiscrimination Act (GINA) is designed to prohibit the use of genetic information in health insurance and employment.

Health assessment authorization

Purpose of health assessment and type of information obtained:

Active Health Management ("we," "us" or "our") is giving you access to this voluntary health assessment. We offer this because you are eligible. ("Participant") can participate in a voluntary wellness program ("Service") available through your employer ("Plan Sponsor").

Our wellness program is called by Aetna's name. These include: (a) insurance companies and Plan Sponsors make Service available to help improve health or prevent disease. The Service we provide covers many different aspects and areas of general health. For example:

- General health information
- Nutrition
- Exercise
- Preventive care

I Accept the GINA Terms and Conditions

Manage your Communication Preferences | Begin My Health Action Plan

Accessing Your Health Assessment

If you previously declined the **GINA Terms & Conditions**, then you will need to update this information in your profile.

To update, click on **your name** in the upper right corner of the screen and then click **My Profile** in the dropdown menu that appears.

Scroll down and click **Edit** under the **GINA Authorization Status** section.

Update your GINA status to **Yes** and then select **Save**.

✓ Your Reward Details

Please note: You may not be able to see some reward activities in the event you have declined GINA Terms & Conditions. Read [GINA Terms & Conditions](#).

If you wish to change your GINA preferences, go to "[My Profile](#)" GINA section, change the GINA preference and save.

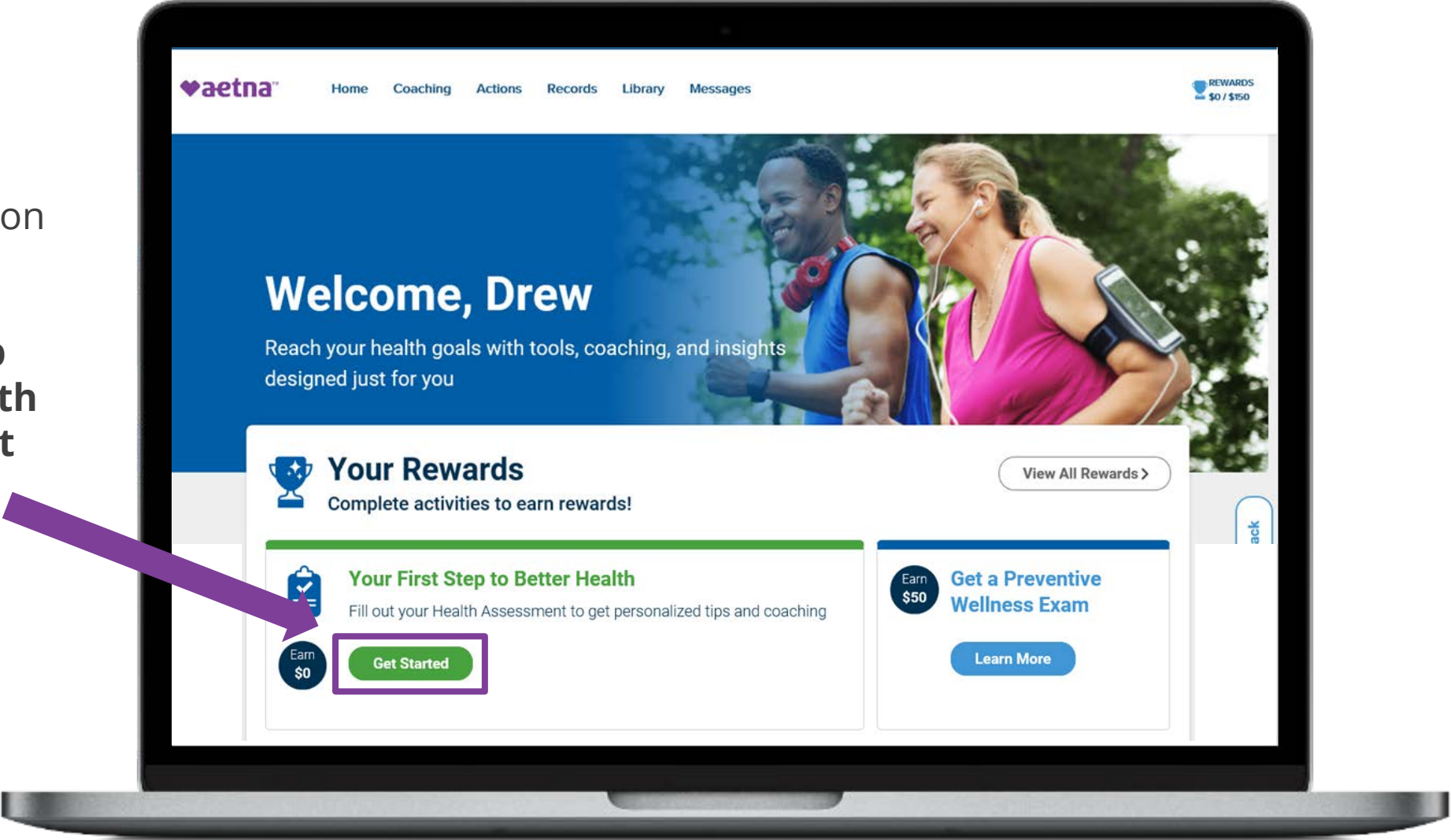
The "Work On It" and "Learn More" links below provides details on how to earn your incentives and how to get started.

The screenshot shows the Aetna website interface. At the top right, the user's name 'John' is displayed next to a globe icon for language selection. A dropdown menu is open, showing 'My Profile', 'Switch User', and 'Sign Out'. Below this, the 'My Profile' section is visible, showing the user's name 'John Smith' and a note about registration information. There are three main sections: 'Primary Address' (1234 Sample Lane, Cityville, VA 123456789), 'Gender' (Male), and 'Birthdate' (01/01/1991). Below these is the 'GINA Authorization Status' section, which has a radio button selected for 'Yes' and a 'Save' button highlighted in green. A purple arrow points from the 'John' name to the 'My Profile' dropdown. Another purple arrow points from the 'GINA Authorization Status' section to the 'Edit' button. A third purple arrow points from the 'Edit' button to the 'GINA Authorization Status' form.

Accessing Your Health Assessment

Option 1:

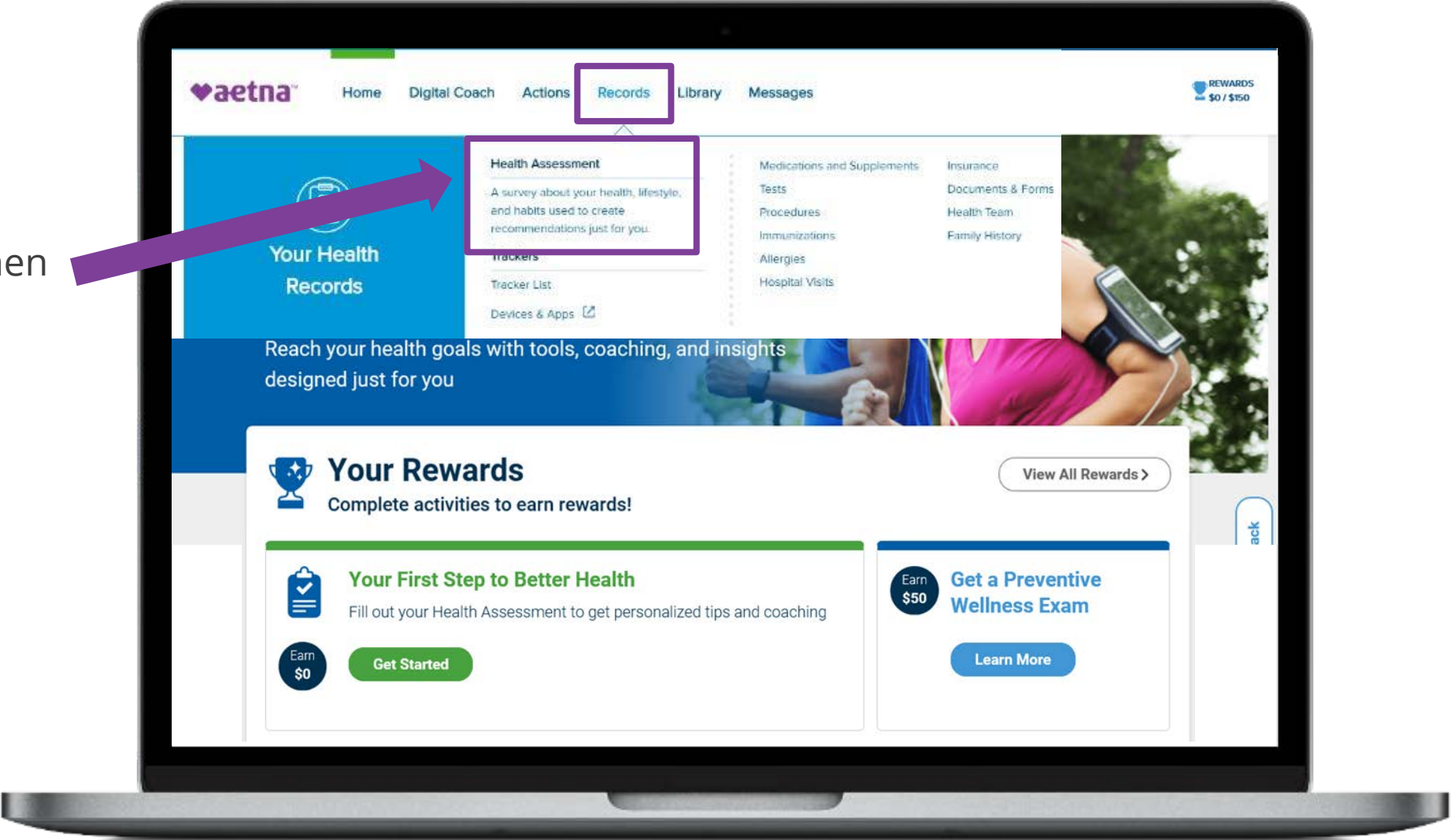
Under the section titled **Your Rewards**, find **Your First Step to Better Health** and click on **Get Started**.



Accessing Your Health Assessment

Option 2:

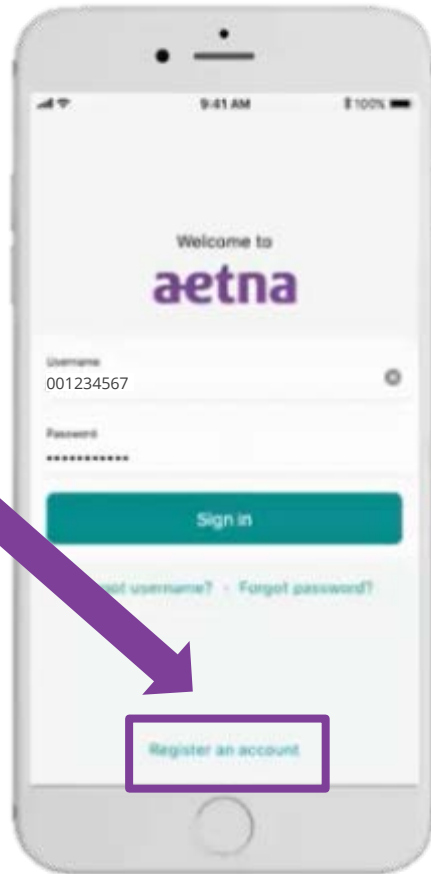
Hover over **Records** and then click on **Health Assessment**.



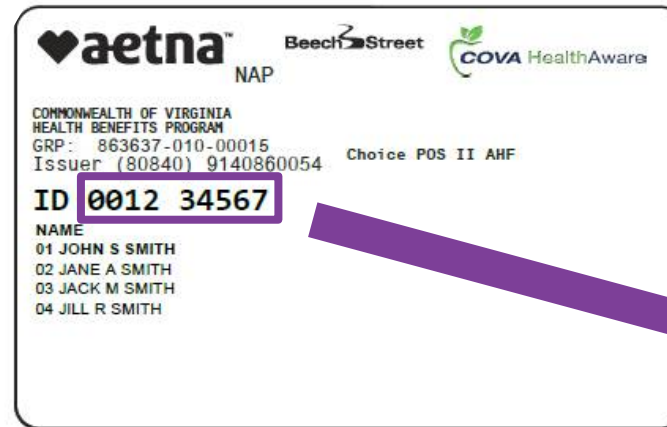
Accessing via your Aetna Health Mobile App

Registering a new account

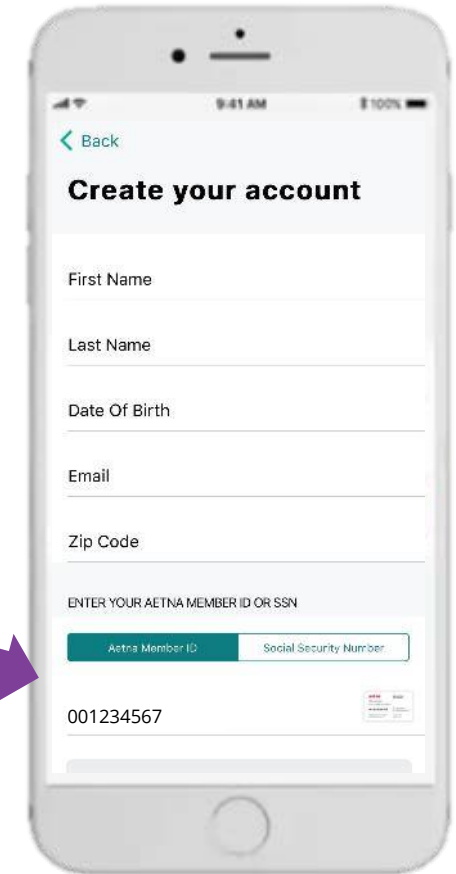
Tap on **Register an account.**



Register for a new account using your Member ID number found on your COVA HealthAware ID card.

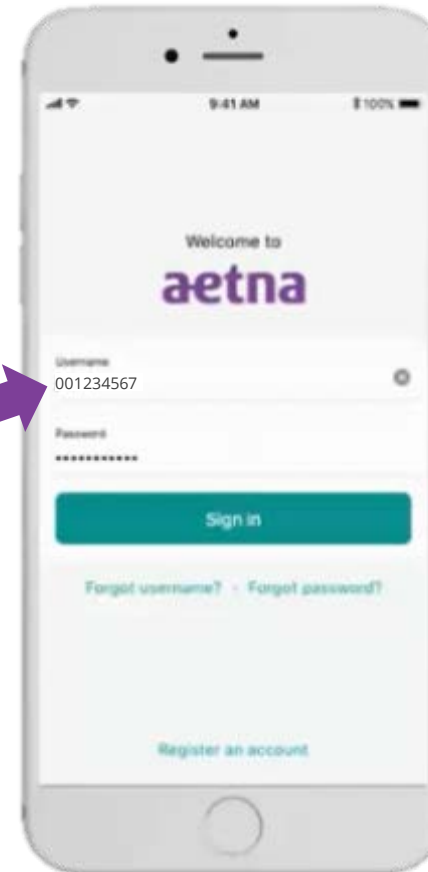


Complete the step-by-step prompts to complete your registration.



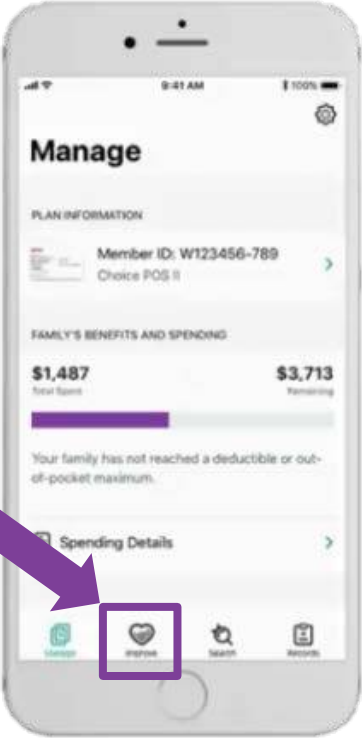
Logging into an existing account

Log in using your username (your Member ID number from your COVA HealthAware ID card) and password or touch ID/face recognition ID.

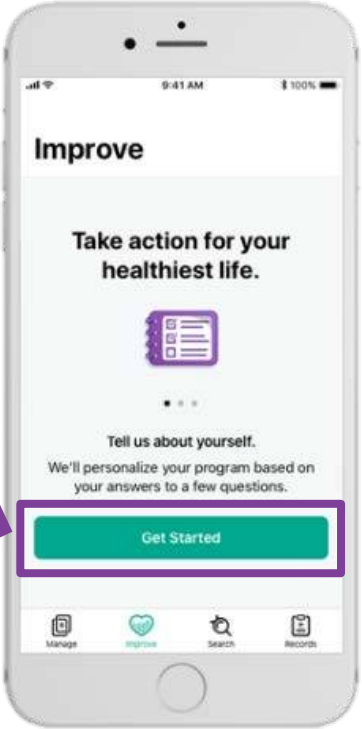


Accessing your Health Assessment

Tap on the **Improve** tab at the bottom of the app.



When accessing this tab for the first time, click on **Get Started** to start your Health Assessment.



When accessing this tab after the first time, click on **Health Survey** to start, resume, or complete your Health Assessment.

