

## Lost Eligibility under Governmental Plan

These qualifying mid-year event election changes are permitted when you, your spouse, or your child loses coverage under a group health care plan sponsored by a governmental institution. These include State-sponsored plans for children (including FAMIS), plans offered by Indian Tribal governments, and national plans offered by foreign governments.

### Health Care Coverage:

- You may enroll or change your plan. HMO members are required to select a primary care physician.
- You may add eligible family members.

### Medical Flexible

### Reimbursement Account:

- No election change is permitted.

### Dependent Care Flexible

### Reimbursement Account:

- No election change is permitted.

### ***Important Things To Know About Making An Election Change Request For This Event***

- 1. *What documentation is required.*** Documentation validating the loss of the governmental plan coverage.
- 2. *How to submit the request.*** Within 31 days of the last day covered under the governmental health care plan, use [EmployeeDirect](#) or complete a paper [Enrollment Form](#).
- 3. *When approved changes take effect.*** Changes are effective the first of the month following receipt of your request or following the event, whichever is later. When the later date is the first of the month, changes are effective that day.
- 4. *Where to learn more.*** Visit [www.dhrm.virginia.gov](http://www.dhrm.virginia.gov). The [Employee Benefits link](#) includes answers to frequently asked questions and helpful information about handling a life-changing event. For more details, contact your agency's Benefits Administrator.

**Reminder:** If you miss this opportunity to submit your change request, your next chance will be at [Open Enrollment](#) or with another consistent [Qualifying Mid-year Event](#), whichever comes first. Contact your agency's Benefits Administrator about an exception for those already under family coverage.