



COMMONWEALTH OF VIRGINIA
DEPARTMENT OF HUMAN RESOURCE MANAGEMENT

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To: State Retiree Health Benefits Program Participants on VSDP
Long Term Disability Who Have Waived Coverage

From: Office of State and Local Health Benefits Programs

Date: April 7, 2008

Re: Open Enrollment

As a Virginia Sickness and Disability Program (VSDP) Long-Term Disability Participant who has properly waived coverage under the State Retiree Health Benefits Program, you may exercise your right to enroll for coverage during the annual Open Enrollment period (unless you are eligible for Medicare). For 2008, this period will begin on April 16 and end on May 16, and elections will be effective July 1.

If you wish to enroll, you may obtain an Enrollment Form by contacting the Virginia Retirement System at 1-888-827-3847. You may also obtain a form or get additional information about plan options at the Department of Human Resource Management Web site at www.dhrm.virginia.gov. Enrollment Forms must be sent to the Virginia Retirement System and postmarked no later than May 16 in order for the Open Enrollment election to be accepted. Mailing address information is provided on the form.

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