

# **HEALTH BENEFITS E-NEWS**

*Department of Human Resource Management  
Office of Health Benefits*

*October 3, 2007*

## **Flu Shot Update**

Free flu shots will be available between October 15 and February 15 at specific participating COVA Care and COVA HDHP plan retail pharmacies and independents. Any plan member, including employees, non-Medicare eligible retiree group members, covered spouses and dependents, may present a plan ID card to receive a flu shot at no cost. Attached to assist you with questions is a spreadsheet with the list of COVA Care local pharmacy participants to date. Note the tabs with names of chains and independents. We will update the list as pharmacies are added. Pharmacy chains and independents this year include:

- **COVA Care:** Giant, K-Mart, Kroger, Rite Aid, Safeway, SuperValu, Ukrop's and independent pharmacies in Amerisource Bergen, EPIC and Leadernet.
- **COVA HDHP:** Albertson's, CVS, Kroger, Medicine Shoppe, Publix, Rite Aid, Safeway, Ukrop's and Walgreens.

Be sure to advise members to also check with their local pharmacy in the chain to be sure it is participating in the program. The corporate offices of participating pharmacy chains will communicate to their store locations according to their specific corporate communications guidelines. Each pharmacy location sets up its own clinics and procedures, which may differ within the pharmacy chain. We will provide a final list of pharmacies, flyers and a Q&A soon on the DHRM Web site. Check [www.dhrm.virginia.gov](http://www.dhrm.virginia.gov) the week of October 8 for updated information.

In addition to the pharmacy program, employee plan members at larger agencies may receive free flu shots onsite. A list of clinics is on the CommonHealth Web site at [www.commonhealthva.com](http://www.commonhealthva.com) under What's New. Also, all COVA Care and COVA HDHP members may receive free flu shots in their doctor's office covered under the medical routine wellness benefit. Kaiser plan members have access to free flu shots at participating medical centers.

## **31-Day Poster Series Launched**

This fall is a great time to remind your employees about making election changes to their health care coverage or Flexible Reimbursement Accounts within 31 days of a qualifying mid-year event. To help you do that, we have developed a poster series on marriage, birth and divorce to display at your agency. Posters will be mailed beginning Thursday, October 4 along with a button for you to wear during the fall (and to the annual HR Leadership conference if you plan to attend) to reinforce the message. A limited supply of posters also may be ordered using the Materials Order Form (add the phrase "31-day posters" and the quantity needed to the bottom of your form before faxing it in). You may also print additional posters off the DHRM Web site at [www.dhrm.virginia.gov/resources/benefitsadmin/benefitsadmintoc.html](http://www.dhrm.virginia.gov/resources/benefitsadmin/benefitsadmintoc.html). Also look for a separate BA Memo this week on qualifying mid-year event sheets that will be posted on the Web in November.

## **Kaiser Sends Document in Error**

If you received a Schedule A to IRS Form 5500 from Kaiser Permanente recently, please destroy the document. It was inadvertently sent to some state Benefits Administrators.