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<b>Participation #:</b>
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<First\_Name> <Last\_Name>  
<Address1>, <Address2>  
<City>, <State> <Zip\_Code>

Dear <Patient First Name> <Patient Last Name>:

**An Important Reminder About Your Diabetic Test Strips  
Plus Information on a Free Glucose Monitoring System**

Beginning July 1, diabetic test strips and glucose meters will be added to the list of diabetic supplies covered through your COVA Care or TLC Key Advantage prescription drug benefit, which also covers syringes, lancets, and insulin. As part of this change, your claims for test strips or glucose meters will be filled directly at the retail or mail-order pharmacy, eliminating the need to file a paper claim for reimbursement of out-of-pocket expenses.

Your coverage for diabetic self-management training and education, along with insulin pumps and associated supplies, will continue to be through your Anthem medical benefit.

COVA Care and TLC Key Advantage members will be able to obtain diabetic test strips and glucose meters at a participating retail pharmacy or through **Medco By Mail** beginning July 1, 2007. Members will pay 20 percent (20%) of the allowable charge, with no deductible. However, the cost for these supplies will no longer be applied to the member's maximum out-of-pocket.

**To purchase diabetic test strips or glucose meters at a participating retail pharmacy:**

- Obtain a prescription from your physician. Your physician should indicate the brand of test strips and/or glucose meter, along with the quantity of test strips, and also indicate the number of refills allowed. It is important that the prescription include clear directions (example: three times a day for 90 days) to ensure you receive the proper quantity.
- Present your health plan ID card and prescription to the pharmacy.
- The pharmacist will submit your claim electronically for processing.

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### **To purchase diabetic test strips or glucose meters through Medco By Mail:**

- Obtain a prescription from your physician. Your physician should indicate the brand of test strips and/or glucose meter, along with the quantity of test strips. Ask your doctor to write your prescription for your diabetic test strips (or other medications or diabetic supplies) for a 3-month supply (typically 90 days) and indicate the number of refills allowed. It is important that the prescription include clear directions (example: three times a day for 90 days) to ensure you receive the proper quantity.
- Complete the enclosed mail-order form and attach your prescription for test strips. Send the completed form, prescription(s), and payment to Medco. If you need additional forms, you can print them online at **www.medco.com** or call Member Services toll-free at 1 800 355-8279.

### **To purchase diabetic test strips or glucose meters at a nonparticipating pharmacy:**

- If you use a nonparticipating pharmacy, your cost may be higher.
- Obtain a prescription from your physician. Your physician should indicate the brand of test strips and/or glucose meter, along with the quantity of test strips, and also indicate the number of refills allowed. It is important that the prescription include clear directions (example: three times a day for 90 days) to ensure you receive the proper quantity.
- Present your prescription to the pharmacy. You will pay the entire cost of the prescription and then submit a reimbursement claim to Medco. If you need a prescription drug reimbursement form, you can print it online at **www.medco.com** or obtain one by calling Member Services toll-free at 1 800 355-8279.
- Mail the completed claim form, along with your pharmacy receipt/printout, to the address on the claim form. You will be reimbursed for the amount that the drug would have cost at a participating retail pharmacy, minus your retail coinsurance.

### **Important news about free glucose monitoring systems**

Starting June 1, 2007, you may have an opportunity to receive an *ACCU-CHEK*<sup>®</sup> or *ONETOUCH*<sup>®</sup> blood glucose monitoring system—at no cost to you. This offer is available to those currently using another brand of meters other than *ACCU-CHEK*<sup>®</sup> or *ONETOUCH*<sup>®</sup>, as well as anyone who is new to diabetic therapy.

#### **Try a state-of-the-art, easy-to-use system**

Blood glucose monitoring systems have improved dramatically in recent years. Both the *ACCU-CHEK*<sup>®</sup> (manufactured by Roche Diagnostics Corporation) and *ONETOUCH*<sup>®</sup> (manufactured by LifeScan, Inc.—a Johnson & Johnson company) systems contain features that can help you test and monitor your blood sugar. We've enclosed information about the systems for your review.

#### **To get your new blood glucose meter at no cost to you:**

- **Ask** your doctor if either of these brand-name meters—*ACCU-CHEK*<sup>®</sup> or *ONETOUCH*<sup>®</sup>—is right for you. If so, ask your doctor to write a new prescription for the appropriate test strips.

- **Contact** the manufacturer's order center by using the information below, and provide your name, shipping address, and the participation number (listed on the front of this letter). You will receive the package containing your free glucose monitor 10 to 14 days after placing your order.
- **Fill** the prescription for the new test strips at a participating retail pharmacy or through Medco By Mail, our mail-order pharmacy, beginning July 1, 2007. (If you use mail order, make sure you have at least a 14-day supply of your current strips while you wait for your new strips.)

Continue using your current meter and test strips until your new monitor arrives and you have filled the prescription for test strips.

### Your blood glucose meter options

<b>ACCU-CHEK® Aviva</b>	<b>ONETOUCH® Ultra® 2</b> Includes: DVD & Booklet: Diabetes + Food
<b>ACCU-CHEK® CompactPlus</b>	<b>ONETOUCH® UltraMini™</b> Includes Education Booklet: Diabetes + Food
<p>Manufactured by Roche Diagnostics Corporation</p> <p>To order, Call <b>877-234-6176*</b> or visit <b><a href="http://meters.accu-chek.com">http://meters.accu-chek.com</a></b></p>	<p>Manufactured by LifeScan, Inc. (a Johnson &amp; Johnson company) Visit: <b><a href="http://www.LifeScan.com">www.LifeScan.com</a></b> for information on downloading OTDMS Software</p> <p>To order, Call <b>888-443-8328*</b> or visit <b><a href="http://www.onetouch.orderpoints.com">www.onetouch.orderpoints.com</a></b></p>

**\*Please note that phone numbers will not be available prior to June 1, 2007.**

#### Using plan-preferred test strips may cost you less

The **ACCU-CHEK®** and **ONETOUCH®** blood glucose test strips are “preferred” products by your prescription drug plan. Using plan-preferred prescription drugs and supplies including test strips may help you and your plan save money.

We welcome this opportunity to serve your future prescription drug needs. Medco has pharmacists who specialize in diabetes. If you have any questions about your meter, testing or medications, please call us toll-free at 1 800 355-8279. You can also visit us at **[www.medco.com](http://www.medco.com)** if you have any questions about your prescription drug benefit.

Sincerely,



Marilyn Wollett, R.Ph.  
Director of Pharmacy Practice

**Medco manages your prescription drug benefit for the Commonwealth of Virginia.**