

PUT WEIGHT WATCHERS® TO WORK FOR YOU!

For 2012, Commonwealth of Virginia has joined forces with Weight Watchers® to bring you special savings on valuable and convenient weight-loss solutions.

Choose an option that best suits your specific lifestyle and preference. Certain state employees may be eligible for a 50% reimbursement.



1 **Weight Watchers Monthly Pass***

Get FREE Registration, unlimited meetings each month in your local community, our lowest price per week and FREE eTools, our Internet weight-loss companion with interactive tools that you can access anytime to help keep you on track between meetings. To see if Monthly Pass or other local meeting options are available in your area, call [866-614-9129](tel:866-614-9129) or [click here](#) now.

2 **Weight Watchers At Work meetings****

At Work meetings bring the Weight Watchers experience right to your workplace where a trained Leader facilitates weekly meetings, and you can benefit from the proven advantage of group support from co-workers. If you have at least 15 associates interested in an At Work meeting call [1-800-8-AT WORK](tel:1-800-8-ATWORK) and talk to a local At Work manager about setting up a meeting.

3 **Weight Watchers Online subscription**

With an Online subscription you can follow the Weight Watchers plan step-by-step online, with interactive tools and resources like a weight tracker, progress charts, restaurant guides and much more. It is available in two versions specifically designed for men and women with tailored content that speaks directly to each audience. To sign up, see [page 3](#) of this brochure.

(Please note: At Home kits are no longer offered through the Commonwealth program but can be ordered through weightwatchers.com)



Virginia Department of
**HUMAN RESOURCE
MANAGEMENT**



*Available in participating areas only. See Page 2 for full details.

Pricing for Commonwealth of Virginia Employees

The Commonwealth of Virginia is committed to helping employees achieve their weight-loss goals and improve overall health by offering a **50% reimbursement** on the Weight Watchers options listed below.



Weight Watchers Options	Weight Watchers pricing	Potential reimbursement (only available to certain employees)	If you meet reimbursement criteria (listed below), your final cost, before taxes, is
Monthly Pass for community meetings* <i>comes with free access to eTools</i>	First Month - \$19.95	50%	\$9.98
	For the following months - \$39.95		\$19.98
13-week At Work meeting series**	\$155.35	50%	\$77.68
18-week At Work meeting series** <i>comes with access to 19 weeks of free eTools***</i>	\$186.00	50%	\$93.00
3-month Weight Watchers Online subscription†	\$55.00	50%	\$27.50
12-month Weight Watchers Online subscription†	\$166.70	50%	\$83.35

Please note: State employees eligible to enroll in a state health plan (COVA Care, COVA Connect, COVA HDHP or Kaiser Permanente HMO) qualify for reimbursement as long as they meet the minimum requirements of the Commonwealth's Weight Watchers program. Retirees, employee or retiree spouses, employee or retiree dependents or The Local Choice plan members are not eligible for reimbursement.

To purchase any of these Weight Watchers offerings, or for more information, please call 866-614-9129.

To qualify for the **50% reimbursement**, you must meet participation criteria outlined below.

Measurement	Reimbursement
Monthly Pass - Attend at least 10 meetings out of 13 meetings	50%
For At Work - Attend at least 10 meetings out of 13 meetings	50%
For At Work - Attend at least 15 meetings out of 18 meetings	50%
Submit your Weight Trackers and Accounts Status Page for the 3-month or 12-month Online subscription after 10 weeks of use	50%

* Monthly Pass is sold in participating areas only; may not be accepted in all areas. Visit <http://www.mypowwr.com/MPlocations.aspx> for details. Monthly Pass automatically renews each month at the standard monthly plan fee (currently \$39.95, until you cancel. Your credit card will be charged up to 15 days prior to the end of your second month, and each month thereafter, to ensure you receive your new Monthly Pass card on time. Sign up for Monthly Pass must be completed on our website. Monthly Pass holders will receive 30 days' notice of any price change. To cancel, visit www.weightwatchers.com/monthlypasscancellation or ask your meeting staff for a copy of our cancellation policy. Not valid for At Work meetings. Available to individuals age 18 and over. Void where prohibited.

** Available only in participating areas in the U.S. Minimum enrollment required. Total cost for At Work meeting series must be paid in advance or via Weight Watchers Easy Pay.

*** eTools offer available in participating areas only. Must purchase an 18-week series to get access to 19 weeks of free eTools. Your eTools subscription will automatically renew each month at \$12.95 per month, unless you cancel before the end of your 19 free weeks of eTools. Visit www.weightwatchers.com/cancel for instructions on how to cancel.

† Your subscription will be automatically renewed at the end of your plan period at the standard monthly rate (currently \$16.95) until you cancel. You can cancel your subscription on our site, by email or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.

Weight Watchers Online*



To sign up for Weight Watchers Online call **866-614-9129** and get your promotion code, then:

1. Visit the Weight Watchers Online sign-up page by clicking the link below.
2. Go to [Enter promotion code](#) and enter your special promotion code (received when you called the number above) and click "Apply code" to get the special subscription price for Commonwealth of Virginia.

▼ Enter promotion code

Enter your code

Apply code

3. Select the subscription length to purchase (3 month or 12 month).
4. Follow remaining sign-up instructions for setting up your account.



▶▶ [Click here to get started](#)

*Your subscription will be automatically renewed at the end of your plan period at the standard monthly rate (currently \$16.95) until you cancel. You can cancel your subscription on our site, by email, or by U.S. mail; please see www.weightwatchers.com/cancel for details. Void where prohibited. This offer cannot be transferred, combined with other offers, or redeemed for cash.