

2014 PREMIUM REWARD TIMELINES

If You Already Have a Premium Reward:

Your premium reward will continue for the new plan year until June 30, 2015 as long as you:

- Remain in COVA Care or COVA HealthAware
- Do not “opt out” of MyActiveHealth

No other actions required! Confirm your premium reward on [EmployeeDirect](#).

If You Have Not Earned a Premium Reward:

See the deadlines below for completing and submitting a health assessment and biometric screening. If you have already completed one activity, you do not have to repeat it. Your deadline is based on your coverage effective date.

Coverage Effective on:	Activities Completed by:	Premium Reward Begins:
On or before July 1, 2013	May 31, 2014	July 1, 2014
August 1, 2013 - March 1, 2014	May 31, 2014	July 1, 2014
April 1, 2014 – July 1, 2014	August 31, 2014	July 1, 2014 or The first of the month after successful completion of both requirements (August 1 or September 1, 2014)

If Your Coverage is Effective August 1, 2014 or later:

You will not be eligible for a premium reward before July 1, 2015. Additional information and requirements will be available in 2015.

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If You Have Not Earned a Premium Reward

Follow These Steps to Complete the Requirements

Register or log in to www.myactivehealth.com/cova.

Activity 1: Online Health Assessment:

- **Go to** the health assessment link to answer the questions.
- **You or your spouse** need to register separately and complete your own health assessment.
- **Click “Complete and Save”** to submit your health assessment.
Important: You must take this step to complete the requirements.

Activity 2: Biometric Screening:

- **Go to** the biometric screening link.
- **Print** either a:
 - Biometric screening Physician Form to take to your doctor, or
 - LabCorp authorization to take to a location that is convenient for you.
- **Be sure to follow** the instructions on the form or authorization.

If you do not have access to the Internet or need help, please contact ActiveHealth at 866-938-0349.

