

# COVA HDHP

State Health Benefits Program  
Commonwealth of Virginia, Department of Human Resource Management  
Notification of Changes to Your Member Handbook  
Issued December 4, 2014

Effective July 1, 2012

Keep this notification with your HDHP Member Handbook. This notification and your member handbook constitute a full and complete description of your coverage. You also may view or download the HDHP Member Handbook including this update from the Department of Human Resource Management (DHRM) website site at [www.dhrm.virginia.gov](http://www.dhrm.virginia.gov).

## I. PROFESSIONAL SERVICES: MEDICAL, SURGICAL AND BEHAVIORAL HEALTH SERVICES (Page 28)

### Services Which Are Eligible for Reimbursement

#### 2) Outpatient Medical, Surgical and Behavioral Health Services

- Autism Spectrum Disorder (ASD) and Applied Behavior Analysis (ABA) for ages 2 through 6 years.

Autism Spectrum Disorder means any pervasive developmental disorder, including Autistic Disorder, Asperger's Syndrome, Rett Syndrome, Childhood Disintegrative Disorder, or Pervasive Development Disorder.

Applied Behavior Analysis is an educational component of ASD, which may include the design, implementation and evaluation of environmental modifications, using behavioral stimuli to produce socially significant improvement in human behavior, including the use of direct observation, measurement, and functional analysis of the relationship between environment and behavior.

### Conditions for Reimbursement

- 6) ABA services for the treatment of a member diagnosed with ASD must be defined in a treatment plan from a licensed physician or a licensed psychologist who determines the care to be medically necessary. In addition, the service must be provided or supervised by a board certified behavior analyst who is licensed by the Board of Medicine. The prescribing practitioner shall be independent of the provider of ABA.

### Special Limits

- 4) ABA services for ASD are covered for children ages 2 through 6.

### Member Pays

ABA services 20% coinsurance after deductible