





# Frequently asked questions

#### What is LiveHealth Online?

With LiveHealth Online, you have a doctor by your side 24/7. LiveHealth Online lets you talk face-to-face with a doctor through your mobile device or a computer with a webcam. No appointments, no driving and no waiting at an urgent care center. Best of all, LiveHealth Online is a part of your health plan. So the cost of a LiveHealth Online visit is the same as a primary care office visit.

Use LiveHealth Online for common health concerns like colds, the flu, fevers, rashes, infections and allergies.

### Why would I use LiveHealth Online instead of going to visit my doctor in person?

LiveHealth Online is not meant to replace your primary care physician. However, it is a convenient option for care if your physician is not available, or if you need care for common problems like a cold or the flu. LiveHealth Online connects you with a board-certified doctor in just a couple of minutes. Plus, you can get a LiveHealth Online visit summary from the MyHealth tab to print, email or fax to your primary doctor.

LiveHealth Online should not be used for emergency care. If you experience a medical emergency, call 911 immediately.

## How long does a LiveHealth Online session with a doctor usually last?

A typical LiveHealth Online session lasts about 10 minutes.

#### When is LiveHealth Online available?

Doctors are available on LiveHealth Online 24/7, 365 days a year.

#### How does LiveHealth Online work?

When you need to see a doctor, simply go to livehealthonline.com or access the LiveHealth Online mobile app. Select the state you are located in and answer a few questions.

Establishing an account allows you to securely store your personal and health information. Plus, you can easily connect with doctors in the future, share your health history and schedule online visits at times that fit your schedule.

Once connected, you can talk and interact with the doctor as if you were in a private exam room.

### Do doctors have access to my health information?

LiveHealth Online doctors can only access your health information and review previous treatment recommendations and information from prior LiveHealth Online visits.

If you are using LiveHealth Online for the first time, you will be asked to answer a brief questionnaire about your health before you speak with a doctor. Then, the information from your first online visit will be available for future LiveHealth Online visits.

### How do I access the LiveHealth Online mobile app?

You can download the LiveHealth Online mobile app for free on your mobile device by visiting the App Store<sup>SM</sup> or Google Play<sup>™</sup>.

# Will I be charged more if I use LiveHealth Online on weekends, holidays or at night?

No, the cost is the same.

#### How do I pay for a LiveHealth Online session?

LiveHealth Online accepts Visa, MasterCard, American Express and Discover cards as payment for an online visit with a doctor. Please keep in mind that charges for prescriptions aren't included in the cost of your doctor's visit.

# Can I get online care from a doctor if I'm traveling or in another state?

As long as you are located in a state where LiveHealth Online is available, you can get online care. To determine if online visits with a doctor are available in your state, please visit **livehealthonline.com** and view the state map at the bottom of the home page.

# Can I get a prescription from the doctor during my LiveHealth Online visit?

Yes, in Virginia you can. Keep in mind some state laws require a face-to-face visit before allowing prescriptions. Every state is different and these laws change often. Please visit **livehealthonline.com** to see if online visits with a doctor are available in the state in which you are using LiveHealth Online. Please note that doctors using LiveHealth Online are not able to prescribe controlled substances or lifestyle drugs.

# Do I have what I need to access doctors through LiveHealth Online?

To find out how to use LiveHealth Online on your computer or mobile device, go to **livehealthonline.com** and select the **About** tab. Then scroll down to the *More Information* section on the left side of the page.

### Who do I get in touch with if I still have questions?

You can email customersupport@livehealthonline.com or call toll free at 1-855-603-7985.

If you send us an email, please be sure to include:

- Your name
- Your email
- A phone number where you can be reached







LiveHealth Online is the trade name of Health Management Corporation, a separate company providing telehealth services on behalf of Anthem Blue Cross and Blue Shield.

Anthem Blue Cross and Blue Shield is the trade name of: In Colorado: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc. In Connecticut: Anthem Health Plans, Inc. In Indiana: Anthem Insurance Companies, Inc. In Kentucky. Anthem Health Plans of Kentucky, Inc. In Maine: Anthem Health Plans of Maine, Inc. In Missouri, Inc. RIT and certain affiliates administer non-HMO benefits underwritten by HALIC and HMO benefits underwritten by HALIC and HMO benefits underwritten by HMO Missouri, Inc. RIT and certain affiliates only provide administrative services for self-funded plans and do not underwrite benefits. In Nevada: Rocky Mountain Hospital and Medical Service, Inc. HMO products underwritten by HMO Colorado, Inc., cha HMO Podavada. In New Hampshire: Anthem Health Plans of New Hampshire inc. HMO plans are administered by Anthem Health Plans of New Hampshire inc. and underwritten by Matthew Thornton Health Plan, Inc. In Ohio: Community Insurance Company. In Virginia: Anthem Health Plans of Virginia, Inc. trades as Anthem Blue Cross and Blue Shield in Virginia, and its service area is all of Virginia except for the City of Fairfax, the Town of Vienna, and the area east of State Route 123. In Visconsin: Blue Cross Blue Shield of Wisconsin: Blue Cross Blue Shield of Wisconsin: Blue Cross and Blue Shield Association. ANTHEM is a registered marks of the Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield hamses and symbols are registered marks of the Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield hamses and symbols are registered marks of the Blue Cross and Blue Shield hamses and symbols are registered marks of the Blue Cross and Blue Shield hamses and symbols are registered marks of the Blue Cross and Blue Shield Association.