Thinking about bariatric surgery?

There's a program to help ensure your success.

Bariatric surgery can be life-changing. But there are a number of additional things that will help you safely and successfully lose the weight and keep it off.

Before you have surgery, there is a required 12-month education program for COVA Care and COVA HealthAware members. It offers the guidance and support you need to make real and lasting changes in your life. It includes:

- Weight management and nutrition counseling
- Personalized coaching and disease management

After the surgery, you may continue with personalized coaching for up to 24 months.

Complete the program and save money!

Prior authorization for the surgery is required by your health plan. If your surgery is approved and you complete the program, your health plan will waive $300 of your inpatient copay or $125 for outpatient surgery. If you have COVA HealthAware, the same amounts will be contributed to your HRA.

For more information about bariatric surgery, contact your health plan. You can also consult your plan Member Handbook.

Scan the QR code into your mobile device to learn more about bariatric surgery.

COVA Care: www.anthem.com/cova or **1-800-552-2682**
COVA HealthAware: www.covahealthaware.com or **1-855-414-1901**

COVAcare

COVA HealthAware
Know Your Numbers

ActiveHealth MANAGEMENT
Empowering Better Health and Wellness