

Lunch & Learn: Preventative Health for Men & Women



Along with healthy lifestyle behaviors, preventive doctor visits are important to control and manage your long-term health. Learn the health screenings recommended for both men and women and the appropriate age to take action and ask your doctor important questions.

Capitol Square Healthcare Conference Room
Tuesday, October 30, 2018
12:05 – 12:50PM

Register early, limited spots available!

To register contact Coach Lou at 844-342-1791 x 8578 or
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