

HEALTH BENEFITS E-NEWS

*Department of Human Resource
Management
Office of Health Benefits*

October 1, 2015

ActiveHealth Management Webinar Set for October 8

As part of the Benefits Administrator Webinar Series, please join ActiveHealth Management on Thursday, October 8 at 1:00 p.m. for a review of the Commonwealth's Health and Wellness Programs. Find out more about Healthy Beginnings (maternity management), Healthy Lifestyles (coaching) and Healthy Insights (disease management resources). A link to the meeting is below. No prior registration is required.

COVA: Health and Wellness Programs

Thursday, October 8, 2015
1:00 pm Eastern Daylight Time

[Join WebEx meeting](#)

Benefits Administrator Training Rescheduled

The date for the training session on ***Health Benefits Administration – Retirement/LTD/COBRA*** has been rescheduled from October 29, 2015 to **December 3, 2015**. Participants already registered for the session on the October 29, 2015 will be automatically registered for **December 3, 2015**. Please be sure to change the date on your calendar if you are planning to attend. If you are unable to attend on December 3, 2015 please update your Knowledge Center registration to cancel or reschedule for the session on November 19, 2015.

Please do not reply to this e-mail. You may send inquiries to the Office of Health Benefits mailbox at ohb@dhrm.virginia.gov.