

757-937-1633

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Norfolk, VA 23517

<https://www.restore.com/locations/va-norfolk-va035>

# restore

H Y P E R W E L L N E S S

State employees  
only pay \$30\* for  
core services  
(Usual price \$42)



## Whole body cryotherapy may help with:

- ✓ Could alleviate chronic aches & pain
- ✓ Could soothe swelling and tame inflammation
- ✓ Rev up your metabolism and wake up refreshed with the magic of rest!



## Infrared Sauna may help with:

- ✓ Boost your zing and mend your soul!
- ✓ Boost your blood flow and love your heart
- ✓ Purify yourself from heavy metals and wave goodbye to pesky inflammation!



## Red light therapy may help with:

- ✓ Transform your vibe and zap up your energy!
- ✓ Relieve pain & inflammation
- ✓ Boost those zzz's!



## Compression may help with:

- ✓ Reduce muscle aches & pain
- ✓ Enhance your flexibility and mobility!
- ✓ Improve lymphatic function & circulation

**DISCLAIMER:** This discount is applicable to past & current state employees and can be shared with immediate family members.